

Naphill & Walter's Ash Gazette



April 2025

Annual subscription £5

Jonathan Filder
PIERS PHOTO

Your trusted local
builders in Naphill
with over 40 years
of experience.

Building is in our DNA.

- Extensions
- Renovations
- Alterations
- General Building

We provide high-quality
solutions at realistic prices.

“Pervez and the Sure-Build team delivered a
great extension that was built with a smile,
to a great standard, in the time scale we
agreed and on budget.”



SURE-BUILD

Quality Without Compromise

☎ 07929 207550

☎ 01494 266332

✉ pervez@sure-build.co.uk

🌐 sure-build.co.uk

A. MAY FLOORING SERVICES



Independent Hard Flooring Installation Specialist

- * Engineered & Solid Oak Wood Flooring
- * Herringbone & Chevron
- * Laminate & Luxury Vinyl Floors
- * Fixed or Floating
- * Sub floor preparation & Skirting Boards
- * Supply and/or fit only
- * Site visits and free quotations

I'm Recommended on
myBuilder
.com

Call Alex 07868594191
maysflooring@yahoo.com

Your Local Naphill
Flooring Specialist

Naphill & Walter's Ash Gazette April 2025

EDITOR: Sonia Goby - Tel: 569428 email: editor@naphillandwaltersash.org.uk

ASSISTANT EDITOR: Jonathan Hilder email: assistant.editor@naphillandwaltersash.org.uk

ADVERTISING: Sonia Goby - Tel: 569428 email: editor@naphillandwaltersash.org.uk

TREASURER: Hillary Spain; email: treasurer@naphillandwaltersash.org.uk

DISTRIBUTION COORDINATORS: Paul & Joanne Hewitt email: distribution@naphillandwaltersash.org.uk

WEBMASTER: Peter Davis - email: webmaster@naphillandwaltersash.org.uk

GAZETTE FACEBOOK COMMUNITY COORDINATOR - Andria Benjamin

GAZETTE FACEBOOK BUSINESS COORDINATOR - Karen Kerr

PRINTING: Turville Printing Services -01494 520322

Come and Join Us! *Our Local Clubs and Organisation Contacts*

Beavers

Brownies Naphill & W.A

Bridge Club

Cubs - Naphill

Friends of Naphill Common

Men's Club

Residents Association

Naphill Neighbours

Scouts (Naphill)

Naphill Football Club

Hughenden Street Association

Tennis Club

Caroline Purdom

Margaret Staggs

Chris Miller

Andrew Wasilewski

David Frost

Jo Keattch

Chris Keats

Susan Bickerstaffe

Jenny Tench

01494 447121

01494 530736

01494 563707

01494 562770

01494 564466

07802 235578

07880 519323

01494 565406

Groupleader@naphillscouts.org.uk
wabrownies@gmail.com

Groupleader@naphillscouts.org.uk
chairman@naphillcommon.org.uk
naphillmensclub@yahoo.co.uk

naphillneighbours@gmail.com
Groupleader@naphillscouts.org
napillfc@btinternet.com.uk
smbickerstaffe54@gmail.com
jttench@gmail.com



Camomile PT Personal Training and Nutrition



About you

- You are looking to build or regain strength, fitness &/or lose weight, but need some help to keep you on track?
- You like the idea of training on your own or as a group (4 -8 people) or a combination?
- You are happy to train online (or face to face in line with relevant guidelines)



DO SOMETHING
TODAY THAT
YOUR FUTURE
SELF WILL
THANK YOU FOR.



I offer

- Programme of online classes offering full balanced body workouts.
- Personalised 121 tailored training programmes
- 1-2-1 or small group options
- Free initial consultation
- Locations & times to suit you
- Fully Qualified L3 Personal Trainer
- Lots of support and encouragement



Book a free initial
consultation

Hilary Spain 07909 833566
email : info@camomileconsulting.com
Facebook : Camomile PT
Instagram : CamomilePT



**chicken /
egg** free-range
creativity

READY TO HATCH NEW IDEAS

BRAND STRATEGY | LOGO DESIGN | BROCHURES | VIDEO
WEB DESIGN | WEB DEVELOPMENT | CONTENT CREATION
ANIMATION | MARKETING STRATEGY | CAMPAIGN CREATIVE
SOCIAL MEDIA ASSETS | COPYWRITING | MEDIA SUPPORT

LET'S GET CRACKING



KAREN@CHICKENEGG.CO.UK



07970 732057



CHICKENEGG.CO.UK

PREMIUM Plumbing and Heating

*Specialists in Plumbing, Heating
& Bathroom Installations*

Tel: **01494 256175**
01844 346946

Michael: **07737 007809**

Glynn: **07834 734491**

info@premiumplumbingandheating.co.uk

www.premiumplumbingandheating.co.uk



Naphill Village Hall



Chairman - Clive Lawrence

Email: chairman@naphillvillagehall.org.uk

Bookings - Tanya Stevens

Email: hallbookings@naphillvillagehall.org.uk

Tel: 07851 169275

www.naphillvillagehall.org.uk

Local Council Contact Information

Bradenham Parish Council Clerk	Deirdre Hanson	01494 562254	clerkbradenhampc@gmail.com
Hughenden Parish Council	Clerk Vacant	01494 715296	clerk@hughenden-pc.gov.uk
Hughenden Parish Councillors	Usha Prashar	07778 141920	usha.prashar@hughenden-pc.gov.uk
Hughenden Parish Councillors	Richard Wilding		richard.wilding@hughenden-pc.gov.uk
Hughenden Parish Councillor	Vacancy		
Buckinghamshire Councillor	Steve Broadbent	07471 144181	Steve.Broadbent@buckinghamshire.gov.uk
Buckinghamshire Councillor	David Carroll	01494 716967	David.Carroll@buckinghamshire.gov.uk
Buckinghamshire Councillor	Clive Harriss	07768 876568	Clive.Harriss@buckinghamshire.gov.uk

Helpful Contact Numbers

Hughenden Surgery	See website www.ourpractice.co.uk	01494 562189
Out of surgery hours		111
Breast Unit Wycombe Hospital	Breast lumps self refer	01494 526161
Stroke Support Service	Stroke sufferers, carers & family support	0300 3300 761
Shaw Clinic - Genitourinary Medicine	Genitourinary Medicine	01494 425430
Hearing Clinic Wycombe Hospital	Self refer	01494 526161
Healthy Minds	Anxiety, depression, stress, postnatal wellbeing	01865 901 6000
Bereavement Listening & Support	Bereavement counselling	1296 332600
Wycombe Women's Aid/Also Men	Counselling re domestic violence	01494 461367
		Male 0808 8010 327
Carers Bucks	Help for carers	0300 7772 722
Alzheimer's Society	Dementia information & support	01296 331722

Piers Photography



Jonathan Hilder is your local photographer
based in Coombe Lane, Naphill

Weddings - Portraits

Events - Real Estate

*Even likes working with children
and animals!*

Give me a call to discuss your plans

www.piersphoto.com

jonathan@piersphoto.com

07787 505 786

Jonathan Hilder
PIERS PHOTO

Master Craftsman with the Guild of Photographers



The Retro Retreat

SWEDISH MASSAGE

THERAPEUTIC MASSAGE

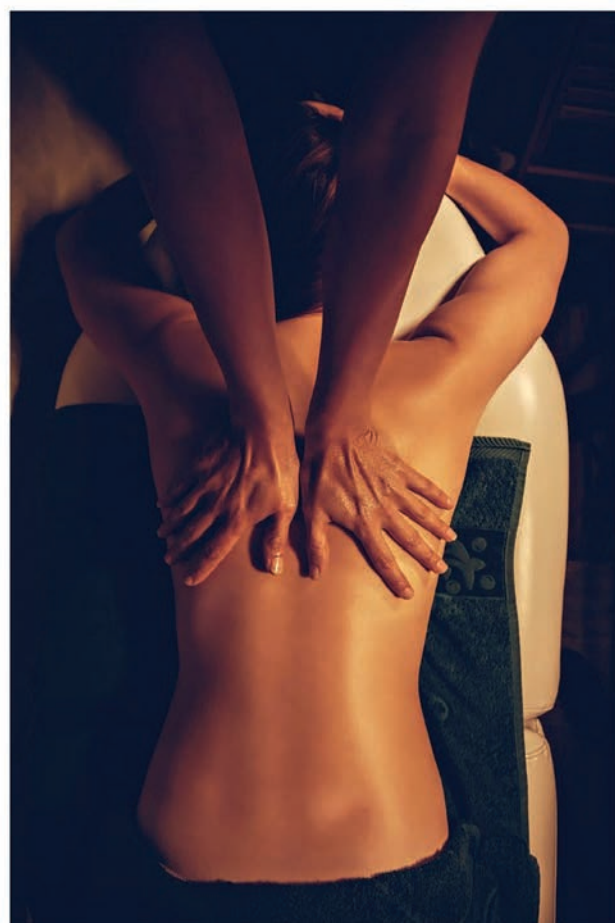
DEEP TISSUE MASSAGE

INDIAN HEAD MASSAGE

MUSCLE RECOVERY MASSAGE

HOT STONE MASSAGE

**All Massages are only £50 per hour
Home visits £60 per hour**



Message Andria Benjamin on Facebook: The Retro Retreat
Webpage: THERETRORETREAT.COM or text/call/Whatsapp on 07570985777



Copy Date for May 2025 Gazette 15 April 2025

The sun is shining, the clocks are going forward, the countryside is turning green, the grass has been mowed and the daffodils are blooming, it must be SPRING! I love Spring and of course, there is so much to look forward to!

Due to personal events and sadness, the last three months have been stressful here at "Gazette World Headquarters". My thanks to Jonathan, Harriet, the Gazette team and all the contributors for their help, support and kindness, I have struggled to produce the Gazettes during this time and I apologise for errors and omissions which have occurred. Thank you to Michael at Turville Printers for allowing me some extra time to get this copy to him.

The Wheel, as they have so often done, are leading the way by organising the first of our Summer village events, a "VE Day 80 Years on Celebration" to be held on 5 May on the Crick. Moving on to June, Classics on the Crick and a completely revamped NAPFEST are back! More details of these events on page 8 and 9 and as always, we will update the information in the May and June Gazettes. We have a Summer full of fun to look forward to, all of which involve a lot of hard work to arrange and deserve our support!

We are known as a nation of dog lovers and as many of you know, we love our little Pedro. As I have often done, I put my hand up, Pedro is not well trained, he works on the "little, pretty theory", I am not proud about this but neither am I deluded that my dog "wouldn't..." So, Pedro is most definitely kept well under control when he goes out

and our garden is well fenced, the gates are bolted and he is kept safe. This is the time of year when there are often upsetting reports regarding out of control dogs attacking livestock. These attacks have caused so much distress to farmers and to dog owners. Please keep your dogs under control, do not let them run free near livestock, check that your garden is escape proof and no gates can be opened when the dog is in the garden.

Last month I did say that it is time for me to retire and that the Gazette does need a new editor. I have occupied this chair for nearly eleven years, it is a job I have loved doing but as somebody once said, I have created a monster job. We now have Harriet who will edit the articles and Jonathan who organises the photography. We do need somebody to send out for and collect the contributions, somebody to look after the advertising and somebody to coordinate the team and layout the Gazette. Moving forward it has to be a team effort. If you can help in one or more of these areas I should love to hear from you!

My thanks to all our contributors and I look forward to receiving all your news for the May edition on or before 15 April please.

Have a lovely Easter!

Sonia

gazeteeditor@btinternet.com



Editorial Disclaimer: Although the editor has made every effort to ensure that the information in this magazine was correct at press time, the editor does not assume and hereby disclaims any liability to any party for any loss, damage, or disruption caused by errors or omissions, regardless of the cause. The content of any article is the responsibility of the contributor, if the text is edited/substantially altered, the editor will inform the contributor before publication. Any opinions expressed in articles herein do not express the personal opinion of the editor. Comments or queries on individual articles will be forwarded to the author/contributor to substantiate. The editor retains the right to refuse any contribution. No group or individual can demand that their contribution will be published or dictate how or where their contribution is placed or displayed. The editor will close comments on any subject if this is agreed by the Gazette committee member.

VE Day 80yrs Celebrations on The Crick 5th May 12 - 4pm

Paint our villages Red, White, and Blue. Let's step back in time and celebrate together.

- ❖ No Entrance Fee
- ❖ 1940's Fancy Dress
- ❖ Helter-Skelter
- ❖ Street Style Tables
- ❖ BYO - Picnics (to share)
- ❖ BYO - Alcohol / Soft Drinks
- ❖ Some Nibbles / Snacks Available
- ❖ Small Cash Only Bar

Get your bunting up around our fabulous streets.

Bake Cakes!
Bring your homemade cakes for all to share.
(NO NUTS please)

- Entertainment**
- 1940's Music and Sing Along
 - May Pole Dancing
 - Mini Peddle Planes
 - Traditional Family Games
 - Bingo

Go-Kart Challenge!
Build a traditional 1940's Go-Kart

The event will be on the Crick or in the Village Hall.
(Weather Dependant)

VE Day 80 Years on Celebration

Decorate our Villages Red, White, and Blue

Naphill and Walters Ash Village Hall will be celebrating 80 years of Victory in Europe. We are holding a Street Party on The Crick on Monday 5th May 12pm - 4pm. There is no charge for this event, and we will be going back in time to 1945! Come dressed for the era and bring your own food, drinks, and laughter to share with all.

We have organised a Helter-Skelter to be on The Crick, with lots of other traditional games like Hop Scotch, Tin-Can-Alley, May Pole Dancing etc. You can also challenge yourself and make a traditional Go-Kart to bring along too. For the adults - take part in some Bingo and there will be some 1940s music to sing along to. We are also asking people to get baking (as they used to) and bring cakes and nibbles for all.

We are planning to run a small, limited bar and some snacks that can be purchased on the day (cash only). If our amazing British weather chooses not to play, we will be using the great facilities in The Village Hall, so all is not lost.

We are hoping for a few extra surprises on the day! Come and enjoy.

Claire Christian

NAPFEST

2025

OUTDOOR CINEMA LIVE MUSIC FUN FILLED FETE

13 - 14 JUNE

TICKETS ON SALE!

WEEKEND TICKETS

FAMILY £40, ADULTS £15, KIDS £6

BOOK YOUR TICKETS HERE:



SCAN ME

Weekend tickets provide access to both films on Friday 13 June, and the Live Music in the evening of 14 June 2025. The Village Fete is a FREE event. All timings and details can be found on our website

WWW.NAPFEST.CO.UK

Follow the event o Facebook @ Naphill Napfest

Great Village Events Planned for Summer 2025 Book the Dates!

NAPFEST Early Bird Ticket News

The NAPFEST committee has been busy finishing off the new website and launching the ticket sales. The tickets are available at www.napfest.co.uk where an early bird promotion is currently running so don't miss out. We've had an amazing response to this year's event with over 30 stalls booked and over 15 sponsors helping support our community event. There are still a number of stall spaces and sponsorship opportunities available and donations for the raffle prizes would be welcomed and appreciated.

Tickets are available at www.napfest.co.uk. If you want to get involved, send an email to napfest.co.uk@gmail.com

Classics on the Crick

Sunday 8th of June 2025

10am - 4pm



Entries are now open for all types of Classic cars, bikes, commercials and scooters.

Go to www.classicsonthecrick.co.uk for an entry form.

We accept all classic car and commercials up to 2005, plus bikes of all ages. However we will accept more modern vehicles if they are particularly rare or interesting. See our website for entry criteria.

We have kept the entry fee the same as last year and this includes access to the show for driver and passenger.

As usual all profits from the show go straight to the Thames Valley Air Ambulance.

We are always looking for volunteers to help out during the day. This can be for a few hours or the whole day. All volunteers receive free Classics on the Crick merchandise, plus snacks and drinks.

No experience is required, so why not spend an enjoyable day with some interesting old cars and bikes whilst helping to raise money for an essential charity.

Visit our website, www.classicsonthecrick.co.uk to register your interest.

We hope to see you in June,

The Classics on the Crick Team



Naphill Village Hall and Playing Fields Trustee Committee

Registered Charity No: 300309
www.naphillvillagehall.org.uk



Chairman's Report

There were 13 trustees at the committee meeting of the village hall on 3rd March.

- Claire Christan attended the meeting to update the committee about the plans for VE Day on Monday 5th May. The event will be held on the Crick, or in the hall in the event of wet weather. A helter-skelter was booked and the mini planes will be there. The theme is 'go back in time' and it is hoped that those attending will dress up in 40's style. There will be period music and traditional games. Flags and bunting will decorate the village hall and crick and hopefully the theme will continue throughout the village.
- We have signed for Gigabyte to supply a fibreoptic internet connection at the village hall and it is hoped that this will give a better wi-fi connection throughout the hall. It was decided that there will no longer be a land line in the hall.
- The hot water boiler wall plug has been replaced and the cooker was checked and found to have a faulty switch, which was replaced. The treasurer noted that the new heating system was making a good saving on gas in comparison to the previous system.

- The preparations for Napfest are well underway. The website is up and running and tickets for the evening events are on sale. It will be a three day event over the weekend of the 13 to 15 June. Many entertainments have been booked, including bands, Go-Karts, traditional children's games and a dog show.
- This year the Fireworks will be held on the 8th November.

The village hall committee still has a vacancy for a secretary. If you have some spare time and are interested in being part of the village please email me at chairman@naphillvillagehall.org.uk. Hughenden Parish council also has vacancies for councillors.

The AGM of the village hall will be held on April 7th at 8pm. Anyone who lives in the village is welcome to attend.

Clive Lawrence.

Village Hall Chairman

Shear Madness

Is it just me, or are you all fed up with this weather? Let's hope that we don't have "April showers". I'd like nice warm dry long days to enjoy our beautiful surroundings. We are very lucky to live in such a lovely place with lots to do locally. I'm glad as many of you are that Napfest is back this year after having a year off. I love it when our villages pull together. I'm always proud to be part of this community.

Easter this month which means we will be closed that weekend as usual. I'm actually

going on my "daughter-in-law-to-be's" Hen do. The wedding is getting ever closer and still no "frock" for me yet!

Have a lovely Easter and hopefully some good weather. Stay safe.

Love as always

*Mandy*x



As winter fades and spring begins, I've been busy with a range of events across Westminster and Mid Buckinghamshire. It's been a privilege to meet many constituents and raise your concerns in the House of Commons.

A key focus of mine across the constituency has been tackling the threat of large-scale solar developments on productive farmland. While the transition to cleaner energy is important, it should not come at the cost of local businesses, food security, or the beautiful Buckinghamshire countryside we value so highly.

As Shadow Business Minister, I've been working closely with small businesses to understand the challenges they face, from rising costs to excessive regulations imposed by this reckless Labour Government. I know how vital local businesses are to our community, and I'm committed to supporting them through these difficult times.

I'm also deeply concerned about the future of our pubs, which are under serious threat from multiple pressures - including the Employment Rights Bill, employers' National Insurance rises, and business rates hikes. This could leave landlords with little

choice but to raise prices or shut their doors. Pubs are at the heart of our villages, including here in Naphill, and I will continue to fight for their protection.

Engaging with you directly remains a priority. One of my monthly surgeries so far this year was in Halton, and I'm currently planning more of my "Pint of View" pub surgeries to give residents the chance to discuss local and national issues in a relaxed setting.

I also stood alongside farmers at the most recent rally in Whitehall, reinforcing the need to safeguard food security and opposing tax policies that could harm family-run farms in our area. Farmers in and around Naphill are essential to both our local economy and food supply, and I will continue to stand up for them.

As always, if you need assistance, please don't hesitate to contact me at greg.smith.mp@parliament.uk or book a surgery appointment (all dates are listed on my website).

With best wishes,

Greg Smith



THE WHEEL

Naphill



Situated in the heart of The Chiltern Hills

We are a small traditional village pub with a big heart.

- Good Beer Guide Since 2008
- Gardens and Covered Areas
- Traditional Pub grub
- Great Atmosphere
- Very Dog Friendly
- Cracking Ale

Always offering a warm welcome with a good pint of traditional cask conditioned ale and proper traditional pub grub.

Visit our website: www.thewheelnaphill.com  @TheWheel



Opening Hours

Drinks

Tuesday - Saturday:

12pm - 11pm

Sunday:

12pm - 10:30pm

(Bank Holiday Mondays)

12pm - 8pm

Food

Tuesday - Saturday

12pm - 2:30pm then 6pm - 9pm

Sunday

12pm - 3:30pm

(Bank Holiday Mondays)

12pm - 3:30pm

Last food orders are 15 minutes before the advertised closing times.

The Wheel, Main Road, Naphill, Buckinghamshire, HP14 4QA Email: contact@thewheelnaphill.com Tel: 01494 562 210

The Wheel News

Well, that got everyone's hopes up! The weekend we had in early March with the sun out and temperatures up was amazing, we even had to rush around and organise getting the grass cut, swings put back up, and the outside cutlery and condiments ready. It was great to see so many people were out enjoying the garden and the much-needed sunshine.

We have been busy with the Six Nations Rugby, the winning results from the sweepstake will be in the next edition. Pie Week was a massive success, I was rather bored of pies by the end of it, but we did sell a huge amount. I will update you all on everything that's happened during March/April in the next edition (May).

The focus here has been on organising two great upcoming events.

Firstly – VE Day 80 years.

I have had the pleasure of working with the Village Hall and some of my fabulous locals/staff to organise the event being held on The Crick on Monday 5th May. It is a day for the villages and is in a street party theme (a separate article will be in the gazette for more details).

The Wheel will now be opening from 3pm to 8pm on Monday 5th and we will NOT be doing food.

Secondly – RonFest 30th August

We have been contacting marquee companies, bands, beers suppliers, charities and so much more as we get sorted for the annual event celebrating the life of Ron Williams (it's a good excuse for a drink). Our charity this year is Dementia UK as we feel it effects so many people. Dementia UK is a charity that focuses on dementia nursing and support which includes those with Alzheimer's and other forms of dementia.

June is looking to be a busy month with Classics on The Crick (8th June), then NapFest (13th and 14th of June) and then Father's Day (15th June). So, a busy few months for the village.

*Just a quick note regarding the above NapFest dates, we will be CLOSED to the public from 6pm on Friday 13th June, due to a private function.

As always thank you to everyone for their continued support and we will see you soon.

Claire and Mark and Team Wheel

MOBILE FISH AND CHIP VAN

SERVING:
LACEY GREEN
WALTERS ASH
NAPHILL
EVERY SATURDAY
3.30PM TILL 7.30PM
ONLINE TRACKER
AVAILABLE
HOME DELIVERY
AVAILABLE WHERE
POSSIBLE

27

DIFFERENT STOPS
FULL ROAD LIST ON
FACEBOOK
FACEBOOK.COM/
MOBILECHIPPY

07376395678



HAVING THE FAMILY OVER?
WHY NOT PRE-ORDER LARGE ORDERS TO
AVOID WAITING



RJM GAS SERVICES

**Local Plumbing
 and Heating
 Gas Engineer**

Gas Safe Registered 579347

SERVICES:

- * **Boiler Service, Breakdown and Repairs**
- * **All Boiler and Heating Installation**
- * **System Powerflush**
- * **All Plumbing Repairs and Installation Big or Small**
- * **Bathroom Installations**

Call Ralph

07792 651 399

@ rjm-gasservices@hotmail.com



579347



**All Round Property
 Care Ltd**

**1 SOLUTION FOR ALL YOUR
 PROPERTY SERVICES**

OUR SERVICES:

- Domestic and Industrial Cleaning
- End of tenancy cleaning
- Decorating
- General Property Maintenance
- Plumbing and Electrics
- Man and Van Services including waste clearances
- Home Moves
- Garden Maintenance
- Property Renovation
- Window Cleaning interior and exterior
- Soffit and Fascia Cleaning
- Solar Panel Cleaning and Velux Roof Windows
- Industrial Exterior Cleaning
- Gutter Clearance and Maintenance
- Patio and Driveway Professional Jet Washing
- Expert Graffiti Removal



**1 SOLUTION FOR ALL YOUR
 PROPERTY SERVICES**

01494 355001 **www.ar-pc.co.uk** **info@ar-pc.co.uk**

Bradenham Parish Council

The Parish Council has expressed concerns about empty National Trust properties in the village, fearing a loss of community. MP Greg Smith has written to the Housing Minister and brought the problem up in the Commons. He has also arranged a meeting with the parish council, Buckinghamshire Councillor Shade Adoh, and National Trust Trustee Simon Kearey. Simon Kearey will make enquiries about the National Trust plans, the financial situation and a timeline for bringing the Bradenham properties up to scratch.

The RAF representative was asked to encourage staff to use the cycle path instead of the road to prevent traffic hold-ups.

Siding out was completed on New Road to widen the pavement, performed by the new grass cutting contractor.

A litter pick in Bradenham is scheduled for Saturday, 29th March.

Councillor Paul Wooster was appointed to the village fete committee, but the request for a donation towards Morris Dancing was refused.

The Council decided against holding a VE Day 80th anniversary celebration due to its proximity to the village fete.

Parish Council elections will be held on Thursday, 1st May. Interested individuals can contact a councillor, or the clerk. More information can be found at www.buckinghamshire.gov.uk and searching for parish council elections.

The next meeting will be on Monday, 12th May, encompassing the annual parish meeting and the annual parish council meeting.

Deirdre Hansen, Clerk to the Council

www.e-vote.org.uk/bradenham-parish-council

The Rural Community Defibrillator Group



**Community Board
North West
Chilterns**

Since 2014 RCDG has been working to provide Public Access Defibrillators in rural locations, in and around Princes Risborough. To date we have installed defibrillators at 31 sites where none previously existed.

Recently we have become increasingly aware that the early metal cabinets have been causing faults to occur with the electrical supply to an extent where a few had to be taken off the 999 register.

The solution was to remove all 10 metal cabinets and replace them with the up to date plastic cabinets at a cost of some £5000. This has only been possible with the help of the North West Chilterns Community Board (part of Buckinghamshire Council), and local parishes who have generously donated towards the cost of the installations.

We were extremely grateful to everyone for their help in funding these replacements, which enabled all 10 to be reinstated on to the 999 register.

Naphill has benefitted from this with the defibrillator cabinet located by the entrance to Naphill Village Hall, Main Road being replaced.

Our thanks go to everyone concerned in making this happen and again to the North West Chilterns Community Board and the local councillors who supported this work.

Mark Tubb

Chairman

RCDG

Photo : Defibrillator currently on the village hall wall to left of door facing on to the Crick





Carpet & Upholstery Cleaning Specialists

Why You Should Choose Us ..

- Thorough Cleaning & Outstanding Service
- State of the Art Truckmounted Cleaning System
- Most Carpets Dry within 2 hours
- Fully Insured
- Free On-Site Quotations
- Carpet Stainguard with Dustmite & Allergy Control
- Spot, Stain and Odour Removal

PRO CARE **07798 742835**
 Carpet & Upholstery 01494 489804
 Cleaning Services www.procurecarpetcleaning.co.uk

 SAFE FOR PETS
 SAFE FOR BABIES
 SAFE FOR WOOL
 SAFE FOR ALLERGY SUFFERERS

HOME TECHNOLOGY HELP

- Mobile phone, tablet, PC, laptop upgrades
- PC, laptop faulty or running slowly
- Printer setup, configuration, diagnostics
- Wi-Fi/Bluetooth network troubleshooting
- Smart TV setup, Sky system upgrade advice
- Small business system upgrades/refresh

Call Dave in Lacey Green on
07831 775142
NO FIX – NO FEE



Mick Smith Carpets

Quality Floor Coverings

Carpet ♦ Vinyl ♦ Laminate ♦ Luxury Vinyl Tile

Quality brand name products from trusted names, supplied and expertly fitted, from your local carpet and flooring specialist.

Free estimates advice and home sample service.
 All with great customer service.
 To suit all requirements, taste and budgets.

For more info and references visit
micksmithcarpets.com
01494 528847






Fitting only service also available
Serving homes in the area for 30 years



Do you have pests causing damage or sleepless nights?

Rats, Glis Glis, Mice, Wasps, Moles, Fleas, Moths, Pigeons, Insects, etc.

Domestic, commercial, one off treatments and service contracts.

07889 624647
Tomcolespestguard@gmail.com



BUTCHERS - TIMPSONS -

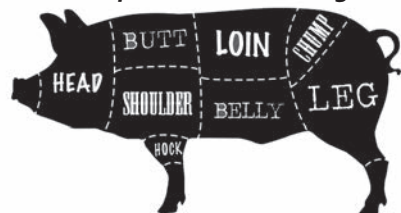
We are a small catering butcher who visit the market daily to ensure we supply high quality, fresh produce and try to source locally where possible.

We also offer a range of fresh meat, eggs, cheese, bread and cakes.

Our shop is open
Tuesday – Saturday from 9am until 4pm
 Unit 6, Ministry Wharf, Saunderton HP14 3XA

We also offer **FREE** local delivery! 

www.timpsonssmallholding.co.uk





Friends of Naphill Common

Although just outside the boundary of the Common, Vincent's Meadow and Pond (also known as Pickup's Pond) have been receiving attention from the Chiltern Rangers and volunteers, both local and from further afield. The work is at the behest of the Parish Council as part of their management plan for the several open spaces that they own within the parish. There were two days of works in February, with a further day planned for April.

The Rangers have installed a range of bird and bat boxes (an owl box is visible on the far side of the pond), and cut and raked grassland to improve the habitat for butterflies and wildflowers. The pond has had non-native invasive species removed, and about one third of the water area that had become overly vegetated cleared. They have further arranged for grazing on the meadow, which will make a great difference over the coming months and years, encouraging fungi including the "devil's fingers" that usually appear around Hallowe'en. Some will remember sheep being grazed here in the past.

Common

Although the weather has turned chilly again, we've had a week of temperatures in the teens (Celsius), heralding the return of the first migrant warblers from their winter in Africa. I've seen (and heard – they are very loud, tuneful singers) blackcaps, and also chiffchaffs – a bird that, like the cuckoo and hoopoe, helpfully calls its own name.

Once the water temperature in the ponds rises above 10°C the amphibians return and the breeding season begins, particularly noticeable with frogs 'singing'. There's already plenty of spawn in many of the ponds, so we've stopped our maintenance work and won't recommence until they leave again in late autumn.

Walks

Our monthly walks – a shorter walk (about an hour) led by Chris Miller at 10:30am on the first Wednesday of each month; and a longer walk (roughly 2 hours) led by Ron Collins at 9:25am on the third Monday – continue to be popular.

FoNC Working Parties

If you wish to join in with either of our weekly working parties, on Tuesday and Thursday mornings, our website (where our walking and other activities are also listed), has all the contact details:

<http://www.naphillcommon.org.uk/activities.html>

Because both working parties are dependent on the weather, it's always best to check with the organisers before setting off: Tuesdays – Peter Davis (HW 569303); Thursdays – Ron Collins (HW 562240).

Chris Miller

Chairman



The Tale of Oxo the Dog

When we moved to Naphill just over 50 years ago we had a very friendly neighbour with a very friendly Jack Russell terrier called OXO. He was allowed out all day long, so he went from house to house being thoroughly spoiled wherever he went. He would turn over onto his back to have his tummy rubbed, which he enjoyed immensely. Locally he was known as "rent-a-dog". His owners' house was behind our house down a long drive. Whenever he heard that I was around he would scoot up the long drive then into our garden to play. I said "scoot" because he had only three working legs. Some time before we arrived he had been injured and his rear offside leg was pretty useless, so he galloped along with his rear offside leg seemingly tied to his nearside rear leg. His disability did not seem to worry him at all. He was a pretty little dog with a most agreeable temperament. I feel sure that if there were a class at Cruft's Dog Show for three-legged Jack Russell terriers he would win first prize. Just think of it. People from far and wide would visit Naphill to catch a glimpse of a Cruft's winner. He could have puppies which could be sold off for a fortune. The mind boggles.

Now to the gardening bit and my favourite subject of manure. I have touched upon this topic in an earlier article but I thought readers would be interested in the unexpurgated edition, the "Full Monty" if you like. On arrival in Naphill I took the tenancy of an allotment which had not been worked for at least 10 years. It was mainly covered with couch grass with a very large area of brambles at the far end. So I set about digging-in the couch grass deeply to destroy it (which did work). Of course, OXO came to the allotments with me, running along happily behind my full-size builder's wheelbarrow. Whenever I found a stone I hurled it into the patch of brambles, to be sorted later (I used the stones to fill in potholes at the end of Forge Road). Off OXO would gallop to retrieve each stone then proudly place the stone at my feet to be thrown again. That was his favourite game and it posed quite a challenge for him to find the correct stone. Occasionally he would cheat and bring another stone and I would tell him off for cheating and he would then look crestfallen (he understood English).

I manured the allotment with pig manure from the piggery about 200 yards from my allotment. The owner said "help yourself", so I did. The mound of pig manure was simply enormous, maybe 20 feet in diameter and about 5 feet high, resembling a large camembert cheese, with a crust round the outside and very liquid in the middle. The very liquid manure looked just like very watery porridge. The farmer had erected planks so that he could wheelbarrow



a load of manure up the mountain then tip it into the middle. So I chose manure from the more solid crust round the outside and took it to my allotment, back and forth, accompanied by my three-legged friend. Then one day, OXO, being a very inquisitive little dog, took a walk up the planks then, to my horror, stepped off into the very liquid manure. I could see just his ears, nose and eyes. I did not know what to do. Do I bravely dive in to save him? I was full of anguish, but when I remembered the old advice, leave dogs to get out of water and cats to get down from trees, I decided that discretion

was the better part of valour. But could OXO escape? He was swimming as best he could through the liquid and the closer he got to the edge the firmer the manure became, until at last he was able to lever himself out. At this moment I beat a hasty retreat since I knew what was coming next. Sure enough, OXO shook himself for a long time with corpuscles of light grey manure flying in all directions at high speed. But it was no use. OXO could not get rid of all of the manure since it had penetrated through his fur to his skin. And his fur, instead of being a mixture of bright white and light brown, was light grey. He looked crestfallen.

All I could do then was to collect manure and deliver it to my allotment. I decided to call it a day and return home. When we arrived at the end of the long drive to OXO's house I said "OXO, go home". He looked at me with the look "how could I be so cruel?". Nevertheless I insisted so down the drive he went, tail between his legs, looking back at me from time to time. I then silently went into my back garden to await the explosion. There was suddenly a noise which in volume was simply enormous. Every expletive in the English language was used by the lady of the house. I cannot ask the Editor to print what she shouted at the top of her voice but a favourite one seriously posed the question as to whether OXO's parents were legally married. Tears were streaming down my face, tears of mirth at the situation and tears of pity for my three-legged friend. And then came the punishment. OXO was confined to barracks for a whole week. What a terrible punishment for a dog normally allowed out all day every day. After a week he was allowed out, scooted round to my house then off we went to the allotment for another day of play. Oh Happy Days! (And I ceased collecting pig manure and started using spent horse manure from a mushroom farm.)

Growing Your Own - Part TWO

The photo is an attention-getter as a reminder that it is March and it is time to get going in your garden or on your allotment. So I wanted to emphasise, right from the

start, that there is no need to dig. Simply go for a “prowl with a trowel” and take out any deep-rooted weeds such as dandelions and docks. Then a little light hoeing, a raking off of the weeds and it is done, ready for seed sowing or planting out small plants. If you are taking over an overgrown allotment or have decided to turn part of your garden into a productive plot, then purchase a large sheet of black plastic, cover the plot, then put bricks or soil round the edges and wait for 9 months when all weeds will be dead. Then rake off the dead vegetation and start sowing and planting-out.

But why should we avoid digging? The reason is to preserve the soil structure. There are billions of soil micro-organisms which help the crops and we do not want to disturb them - in particular mycorrhizal fungi which bring water and nutrients to the roots of the plants in exchange for surplus carbohydrates. If we dig we chop up the mycorrhizal fungi - and since their rate of growth is only about 6 inches per year it can take a long time for soil health to be restored.

According to official statistics, two-thirds of England's land is agricultural, with 38 % being arable land and 29% grassland. That 38% of arable land enables us to produce 18% of our fruit and 50% of our vegetables. Including meat production, we produce only about half our food, so it is

important that we do not take farmland out of production. Yet, that is what we are doing already with rewilding and other attempts to produce environmental and climate benefits. For the latter, the government have just said that by 2050 we need to take out of production another 9% of farmland. Yet our population is increasing rapidly - another five million in the next seven years is the current estimate. The only way of feeding them is to import more and more of our food - leaving ourselves more and more vulnerable to food price shocks and actual shortages. I should point out an inconsistency in the logic of “the powers that be”. If we take an acre of carrots out of food production for rewilding then that acre of carrots will have to be grown in foreign lands where an acre of wild land will have to be ploughed up to grow carrots. Thus, the net effect on reducing carbon emissions will be zero - one will cancel out the other. Also, the five million new people mentioned above will need houses and all the associated infrastructure such as roads, railways, hospitals, schools, shops etc, leading to more loss of farmland. Chaos!! Therefore, keep your head down and grow your own!

Good gardening!

Mike Mason



APC Active Pest Control

- ❄️ **All Pests and Wasps Nests Treated**
- ❄️ **Service Contract**
- ❄️ **One-Off Treatments**
- ❄️ **Wildlife Management**

For all your pest control requirements contact:

01494 562325 or 07966 154655
info@active-pest-control.co.uk
9 Christopher Close,
Naphill HP14 4SF

Naphill & Walter's Ash Residents' Association

With fine spring in the offing it's time for NAWARA to be thinking about summer activities. It's good to see Napfest returning on 14th June and we shall be taking a stall at this popular event.

As in recent years we shall be entering the village for the Bucks Best Kept Village competition. We've done well in the past which is an enviable reflection on the care residents show for their surroundings. Judging takes place in the summer and now is the time to think about the appearance of your part of the village. All residents are counted as members of NAWARA and you are welcome to attend our meetings in the village hall at 1930 on the second Monday of each month.

Best wishes

David Frost

Vice Chairman





National Inspection Council
Electrical Installation Contractors



Member No:041067



Our team of electrical, plumbing and gas engineers are qualified to carry out all type of domestic & commercial works including the following

For Free Estimate Please Call:
01494 700 389 / 07811 946 611

ELECTRICAL

- Extra Socket + Lighting Points
- Full / Part Re-wiring
- Consumer Unit Upgrades
- Electrical Condition Report
- Garden / Security Lighting

PLUMBING

- Hot & Cold Pipework
- Repairs & Installations
- G3 Approved Cylinder installers
- 1st and Second fix Kitchen
- Bathroom / WC installations

GAS

- Landlords CP12 safety certificates
- New Boiler & Central Heating Installation
- Boiler servicing & repairs
- Power Flushing / Magnacleanse
- Cooker / Hob / Fire installation Servicing

BEST PALS

Professional Dog Grooming

Established 20 years



Yvonne Clough
Ridgemoor
Bryants Bottom Road
Great Missenden
HP16 0JT

Mobile: 07719 874 376

Email: yvonneclough1966@gmail.com

MAN & VAN – House/office removals, house/ garden clearances, item collection/delivery & waste removal. Available at short notice and happy to travel long distances. Local, reliable and efficient. Call Chris on 07540088573

REIKI THERAPIST/PSYCHIC TAROT CARD READINGS. Reiki will aid physical and emotional wellbeing, allowing the body's nervous system to active, detox and balance. Tarot will guide and give comfort. I am also a qualified Teacher of both. Contact Dee 07765884363 or Deebangel43@yahoo.co.uk

PILATES AND YOGA WITH PAMELA Local classes am and pm. See full timetable on web site www.pilateswithpamela.co.uk Please call to register /for more info Pamela 07759 831706

LOCKSMITH: Local Locksmith available 24/7 for emergency repairs & boarding up. Locks supplied, fitted, opened or upgraded. No call out fees, fast response Tel: 01844 274229 (day) or 07702 809477 (night) www.rpclocksmiths.co.uk



Life with Young Children in Naphill & Walter's Ash *Days on the Farm*

During the splendid week of early March sunshine, we were lucky enough to spot some very new lambs frolicking in a field. Spring is certainly on its way – a good time to think about some farm visits... Odds Farm unsurprisingly draws the crowds, thanks to an amazing list of attractions. While it's not bad value considering how much there is to do, it's not a cheap day out, so I wanted to give a shoutout to a couple of smaller, simpler alternatives right on our doorstep.

In a gentle loop, Widmer Farm Park has a great array of goats, sheep, pigs and alpacas to admire, most of which will enthusiastically eat directly from a small hand (or a large one!). There are also birds, rabbits and guinea pigs, and if you venture into the shop – some tortoises and bearded dragons! We love it for an easy, affordable outing, and often do it quite spontaneously.

I also wanted to give a mention to The Bucks Goat Centre on the way to Aylesbury – we discovered this very early on after our first was born – it's a similar vibe with animals to feed and appreciate, and also has a great sandy play area.

Both places have picnic areas and cafes. If you haven't already, it's worth supporting these local organisations. If you have other recommendations to share, get in touch!

Harriet Clark

harrietvash@gmail.com



**VISIT US THIS
EASTER HOLIDAYS**

**Tickets
from just
£3.95**

Free for under
2's

COMPLETE OUR FREE EASTER TRAIL WITH A TREAT FOR ALL PARTICIPANTS

MEET OUR SUPER CUTE LAMBS & BABY GOATS

CAFE NOW OPEN SERVING HOT & COLD DRINKS & BEVERAGES & SNACKS

POTTERY PAINTING AVAILABLE

ANIMAL PETTING SESSIONS

For more information visit us online www.widmerfarmpark.co.uk

Find us on Facebook & Instagram

Widmer Farm Park is located at Widmer Feeds Country Store, Pink Road, Lacey Green, Bucks, HP27 0PG

extremeclean.co.uk

Superior Cleaning and Application of Protectors

- Domestic and Commercial
- Carpet, Upholstery, Leather, Curtains
- Modern & Oriental Rugs
- Tile & Grout/Stone Flooring
- Anti-Allergen Treatment
- Specialist Stain Removal
- Wood Floor Refinishing

Paul Brooker

35 Place Farm Way
Monks Risborough
Bucks HP27 9JJ

T:01844 346379/344735 M:07866 376934
E: jjjp@uwclub.net W: www.extremeclean.co.uk

MASSAGE: Relaxing or Remedial. MASSAGE to help alleviate pain in shoulders, neck and back etc. Experienced therapist offering therapeutic, deep tissue, sports or acupuncture massage. Home visits possible. Pamela Wilson 07759 831706 (ITEC/FHT registered).

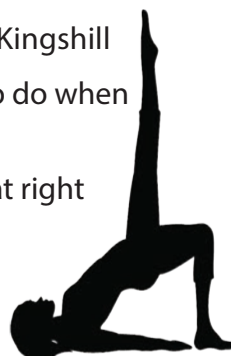
HAIR STYLIST. Fully qualified and experienced. Offering hairdressing in the comfort of your own home or come to my fully fitted salon. Also, **Crystal & Reiki Treatments** www.crystalheartandsoul.co.uk
Call Sam on: 07843257689

Pilates with Pamela
Healthy Back Pilates !

Naphill, Great Kingshill and Little Kingshill
LIVE classes / Zoom / or recording to do when you're free !

Multi-level classes, so you work at right level for you.

07759 831706
www.pilateswithpamela.co.uk



AIRS HOUSE
PRINCES RISBOROUGH

for

**QUALITY CARPETS, TILES,
VINYL & WOOD FLOORING**

01844 342546

Station Parade, Summerleys Road, Princes Risborough
E-mail sales@airshouse.co.uk

BUCKS AERIALS

TV & FM SATELLITE SYSTEMS
DOMESTIC & COMMERCIAL

- TV & FM AERIALS & SATELLITES INSTALLED
- EXTRA TV POINTS
- HARD WIRED INTERNET POINTS
- SATELLITE LINK-UPS INCLUDING SKY
- ALL AERIALS ELECTRONICALLY ALIGNED
- SERVICE AND MAINTENANCE FULLY INSURED
- FREE SURVEY & QUOTATION
- ALL WORK GUARANTEED
- UNRIVALLED AFTER-SALES SERVICE

Special Rates for OAP

**Telephone: 01494 441319
mob: 07932523741**

*Bucks Aerials is a full member of the R.D.I.
A registered digital installer*



**PROPERTY
ELECTRICAL
SERVICES**

Domestic and Commercial Installations

Local Electrical Contractor

- *Rewires*
- *Extensions*
- *Heating systems*
- *Test and inspections*
- *Maintenance*

Part P installer to the
new 17th edition
electrical regulations



Tel: 07786803701 or 01494 636311
Email: info@propertyelectrical.co.uk



Naphill & Walter's Ash School



World Book Day



On World Book Day, we all love to celebrate our favourite books and characters. Last year we did something called 'speed dating with books' but this year the children were asked to turn a potato into their favourite book character! All of the potato characters were extremely creative and unique. They were adorned with a variety of 'added extras', like feathers and scenery. We then had an assembly to celebrate our potato characters, some of which were:

Amelia Fang and her Pumpkin Pet Squashy

Peppa Pig

The Indian in the Cupboard

Matilda

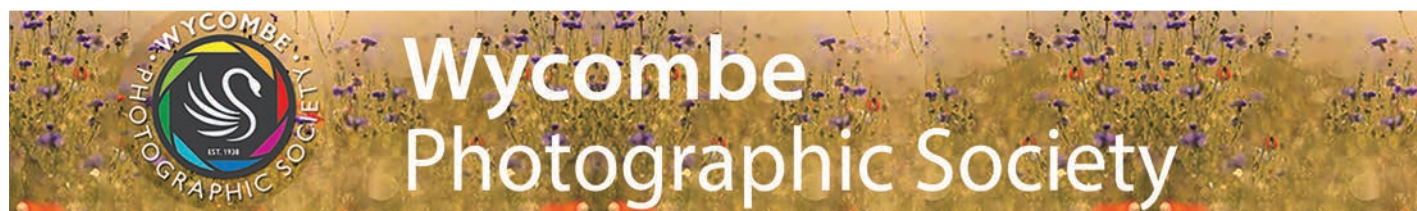
The Little Mermaid

The Wild Robot



Some were dressed in clothes – did you know that new clothes for Easter are meant to bring good luck?! None of the characters were very edible afterwards, but they had served a noble cause!

 **Happy Easter** 



Wycombe Photographic Society meets in the large hall at Hughenden Valley Village Hall, on the first four Wednesdays each month at 8pm. We have a new programme of events, a wide range of guest speakers and lots more.

16th April	Themed Assignment – Street Photography
23rd April	No meeting
30th April	No meeting
7th May	Master Photographers
14th May	Talk
21st May	Themed Assignment – Shop Fronts

To see everything that is happening at Wycombe Photographic Society please visit our website at: -

www.wycombephotographicsociety.org.uk

Peter Davis

Membership Secretary

Wycombe Photographic Society



Photograph courtesy Peter Davis

PLANET WHEELS

- ALLOY WHEEL REFURBISHMENT
- WHEEL STRAIGHTENING
- CRACKED ALLOY REPAIRS
- SAND BLASTING
- POWDER COATING
- DIAMOND CUTTING



www.planet-wheels.com

01494 564 444



Mark Franklin Garden Services

Here
to make your
garden
beautiful!

- * Grass Cutting,
- * Hedge trimming, * Weeding,
- * Turf Laying, * Fencing,
- * General garden/lawn maintenance

For regular maintenance
contracts and all your one
off garden jobs,
CALL TODAY FOR A FREE QUOTE!

Call Mark on: 0744 635 3179

HCS Furniture Ltd

01494 718070
mark@hcsfurniture.co.uk



HCS Furniture Ltd
The Woodwork Specialist
Unit 7a Binders Industrial Estate
Cryers Hill, Bucks, HP15 6LJ
www.hcsfurniture.co.uk

Specialists in bespoke fitted and free
standing furniture, made to your
specification, at affordable prices.

Our Products include

- Wardrobes
- Kitchens
- Studies
- Dressing Tables
- Loft Spaces
- Media Units
- Bar Units
- Tables
- 3D Design

Call or email now for your free quote



Professional, reliable plumbing & heating services

- Boiler Installations
- Full System Installs
- Vaillant Specialist
- Kamco 90 Powerflush
- Gas Work & Certification Vented Unvented Specialist Servicing
- Qualified & Insured

 **Call us: 07557802907 / 07534340244**

 **info@poseidonheating.co.uk**

 **www.poseidonheating.co.uk**



Checkatrade.com

Now offering finance
in partnership with

kandoo

 **Vaillant**
ADVANCE INSTALLER



THE ROTARY CLUB OF PRINCES RISBOROUGH



Our Club was established in 1981 and has grown to become one of the largest in the South of England, with 67 members. Guided by the Rotary motto, "Service Above Self", we are committed to making a positive impact in our local community through various projects. To support individuals and organisations both locally and further afield, we run a range of fundraising activities. Over the past 10 years, these have raised over £300,000. One example is our involvement in the Council's Farmers' Markets, with the first of this year taking place on April 26th at King George V Field. We are dedicated to identifying where our donations will have the greatest impact and be most needed.

Supporting young people and the elderly is a priority for us. We have established strong links with Bucks Young Carers, and with several local schools. We contribute in various ways, such as building sensory gardens, organising art and chess competitions, and helping older students develop their citizenship skills. We are also proud to assist the Princes Risborough Youth Club, which meets every Monday from 7:00 to 8:30 pm at the Club building on Hawthorn Lane. The Youth Club is open to all people aged 11 to 17 from

the town and surrounding villages. The first visit is free, with subsequent visits costing just £1.00. We also have strong links with the Princes Centre and organise free summer and Christmas lunches for over 75s in the area.

As a Club, we are a lively, fun-loving group of men and women who are passionate about giving back to the community while enjoying ourselves. In addition to our regular Monday evening meetings, we have several activity groups, including cycling, walking, curry outings, breakfast gatherings, ten-pin bowling, snooker, quiz and film nights, and "away day visits."

If you are interested in joining us and contributing to both local and international causes, please visit our website and consider attending one of our meetings to see if it's right for you. Additionally, if you know of any causes that could benefit from our support or would like to donate to our charity fund, please get in touch with us - we would love to hear from you.

You can contact us at: rcpr.org.uk or call David White on 07787 750889, or email: david@dhwhite.plus.com



St. Michael & All Angels
CHURCH IN THE PARK | LIVING, LOVING, SERVING



KEITH JOHNSON
Vicar

Home: 01494 257569
Mobile: 07772 642393
keiththevicar@gmail.com



HELEN PETERS
Associate Minister

Home: 01494 716772
Mobile: 07792 118357
helen.peters@peters-research.com



CHRIS COYSTON
Children & Families Minister

Mobile: 07855 389998
chris@hughendenparishchurch.org.uk

www.hughendenparishchurch.org.uk

**R
I
S
E
N**

**EASTER AT
HUGHENDEN
CHURCH**

HAPPY EASTER

Every year Christians celebrate the resurrection of Jesus Christ on Easter Day. It embodies the hope that is found in following in the footsteps of the Son of God, who walked on earth 2,000 years ago, and gave himself up on the Cross of Calvary.

During Holy Week, which begins on Palm Sunday, we recall the last few days which led up to Christ's death and resurrection, as we consider how his life and example might impact our own lives.

I would like to extend a personal invitation to you to join us on that journey.

Have you heard the Good News that has echoed through history?

Christ is risen! He is risen indeed, hallelujah!

Keith Johnson
Vicar, St Michael & All Angels, Hughenden

PALM SUNDAY 13 APR

9.00 am Palm Procession & Choral Communion
11.00 am Family Communion
6.00 pm Evensong

HOLY WEEK 14-16 APR

Holy Communion:
Monday - 7.00 pm Tuesday - 11.00 am Wednesday - 7.00 pm
The **Stations of the Cross** will be set out around the church during Holy Week.

MAUNDY THURSDAY 17 APR

7.00 pm Holy Communion and Stripping of the Altars

GOOD FRIDAY 18 APR

9.00 am Morning Prayer
11.00 am All Age Service
2.00 pm An Hour at the Cross

EASTER EVE 19 APR

10.00 am The Great Easter Eggventure
7.00 pm Easter Vigil



EASTER DAY 20 APR

9.00 am Choral Communion
11.00 am Family Communion
6.00 pm Evensong



Church News

As I reported last month, our new Children and Families Minister is fully installed, and now has delivered his first special event for children - a pancake party.

Church House was filled with laughter, joy, and the sweet smell of pancakes as 45 children and their families gathered for a fantastic celebration. The event was a huge success, bringing families together for lots of fun and of course, delicious PANCAKES!

The event kicked off with a variety of creative craft stations where little hands got busy decorating pancake-themed crafts. At the same time there were a number of games in Church Cottage including hook-a-duck (allowing for a bit of splashing), and giant Dobble.

After singing and more games in the church there was a mini duck hunt and then it was back up to Church House, which had been amazingly cleared and reset for THE PANCAKES!

This event was so successful that Chris is already organising his next event: an Easter Eve (i.e. 19th April, 10-12am) EASTER EGGVENTURE, with scavenger hunt, craft, games and celebration. £2 per child, must be accompanied by parent /guardian.

Sign up on Church website.

Jane Tyrer



Not from the vicarage

As this April edition goes to print, it is approximately halfway through the season of Lent – which Keith wrote about last month. On Sundays during Lent at St. Michael's, we are following the accounts of Jesus' life and journey towards that first Holy week: Jesus' final entry into Jerusalem, final meal with friends, his arrest, trail and crucifixion on that first 'GOOD FRIDAY'.

I remember when I was younger, wondering what was so 'GOOD' about a man being betrayed by friends, falsely accused, beaten, spat on, nailed - whilst alive - to a wooden cross and left to die in the heat of the day. The reality is, if Jesus was an ordinary person like you or me, this would have been the end – and a despicably cruel end at that.

Another thing happening at St. Michael's on Wednesday evenings during Lent, is ALPHA. An evening of food, video presentations and discussions around different aspects of the Christian faith. The first two weeks of ALPHA ask the questions that are relevant to understanding 'GOOD Friday': 'who is Jesus?' and 'why did Jesus die?'

For Christians, it boils down to God's love and God's instructions to humankind 'simply' to love God back, to love one another and to love the creation around us. I think you would agree we don't need to look very far to see how miserably we fail at that. In response, God chose to come in human form (in the person of Jesus), to show us how to love and live well together and to take the punishment for our mistakes – on the cross. Jesus' death was horrific but a necessary part of God's rescue plan. Jesus' death on the cross is a demonstration of the extent of God's love for each one of us: GOOD news on GOOD FRIDAY.

American Pastor S.M Lockridge famously said, 'It's Friday – but Sunday's a coming.' When Jesus died on the cross, he dealt with everything that separates us from God. But Jesus didn't stay dead. On that first Easter morning God overcame death, Jesus left the tomb. Our Easter Sunday services will be joy-filled celebrations - celebrating God's life and love: Jesus is risen - He is risen indeed Hallelujah!

We would be delighted for you to join us on the journey through Holy Week and to the celebration of Easter. All service details are on page *** or check our church website. We look forward to welcoming you.

Reverend Helen Peters

100% FULL FIBRE BROADBAND FOR NAPHILL & WALTER'S ASH

We've landed in your rural community to deliver a digital boost to homes and businesses.

Upgrade today
0370 774 0514 or **gigaclear.com**



UP TO
15x
FASTER
THAN PART FIBRE

UP TO
5x
MORE
RELIABLE
THAN PART FIBRE



Gigaclear
Faster broadband for rural Britain

DO YOU NEED TO REMORTGAGE IN THE NEXT 6 MONTHS?

We are based in Downley and offer free residential mortgage advice as well as virtual, telephone or face to face appointments in the comfort of your own home.

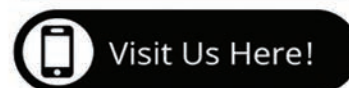
Call us today on 01494 211194.




**Applicant
Mortgage
Brokers**



YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP TO DATE WITH REPAYMENTS ON A MORTGAGE OR OTHER DEBT SECURED ON IT.





The Misbourne 5k and 10k run – Saturday 21st June 2025.

Are you a keen runner? Could you support a race that raises money for a local school?

The race has one of the most picturesque routes in the area, taking runners through woodland and across fields as they make their way around the beautiful Chiltern hills surrounding The Misbourne School in Great Missenden. It is known to be a varied race with a number of hills and different terrain, which makes it a firm favourite with local runners and running clubs.

The proceeds from the race are used to support The Misbourne School which a number of children from Naphill attend.

You can support the race in 3 ways:

1. By entering at www.misbournetrailrun.org.uk (further information on the race is also available)
2. By giving your time to volunteer in roles such as marshalling the run or helping organising on the day
3. If you are a local business / individual the race has many sponsorship opportunities.

If you are interested in volunteering or sponsoring the event please contact Abbegail Sawney on Abbegail.sawney@btinternet.com who would be happy to hear from you.



As the days begin to lengthen, preparations for the new season are well underway. Weather permitting, we hope to have our green open on 11th April. Before then, there is much spring cleaning to be done, both in the clubhouse and around the green. Our first fixture is away to Gerrards Cross on Sunday 20th April, followed by three more friendlies before the end of the month. We hope to be wearing our new custom made kit which is on order. Two of our members have qualified as Level One coaches over the winter, bringing our coaching staff up to three.

On the social side, the winter bingo and quiz sessions have proved very successful. The next Bingo is on Saturday 5th April, all are most welcome. Perhaps you would like to give the most sociable sport of Lawn Bowls a try in 2025. We provide all the necessary equipment and a generous five week trial membership offer, including coaching, will be available to all. The basic technique is not complex, the

rules are relatively simple and all ages from 10 upwards are welcome. Social membership is also available. Full details can be found on our website: princesrisboroughbowlsclub.co.uk

If you are interested and require more details, please contact me and I will get in touch with you before our green reopens to have a chat and arrange a taster session. If you are part of an organisation looking for a venue for your meetings, get in touch, we might be able to help. We already welcome the W.I. and the U3a gardening group. If you have a business and would like to join our sponsors and have a permanent presence on our website, then please get in touch: Del Behenna (Recruitment & Sponsorship) on 01844343230

A warm welcome is assured, we would love to hear from you!

Del Behenna

PAINTER & DECORATOR
FREE QUOTES
FRIENDLY SERVICE



HUNTS DECOR

Contact Mark

✉ markdecor@gmail.com

☎ 07775 626752

Keep This Number Handy
You May Need It To Contact...
Your Local

ELECTRICIAN

Call Tony on 07944 162958

or

Email Tony@plugs.me.uk

plugs



**HELEN'S
HAPPY PAWS**

PET CARE
TAILORED TO
YOU....



SERVICES
INCLUDE BUT ARE
NOT LIMITED TO ...

CAT SITTING
POP IN PET VISITS
DOG SITTING
DOG WALKING
WATERING PLANTS

TO FIND OUT MORE:
07747773829

Logs for Sale
seasoned

Free Delivery

07816 507564

or

01844 274096

dpope1986@hotmail.com



**BIRDS
BATHROOMS**

*"PROFESSIONAL,
PUNCTUAL, HONEST
AND RELIABLE"*



07743858031

BIRDS-BATHROOMS.CO.UK

LUKE@BIRDS-BATHROOMS.CO.UK



/BIRDSBATHROOMS



@BIRDSBATHROOMS

LPME
**Motor
Engineering**

LPME.co.uk

Fettling Land-Rovers since 1988

SERVICING & REPAIRS

WELDING & FABRICATION

COMPUTER DIAGNOSTIC TESTING & TUNING

RESTORATIONS & REBUILDS

DINITROL ANTI CORROSION TREATMENT

BODY & PAINTWORK

ENGINE & GEARBOX CONVERSIONS

PARTS, UPGRADES & ACCESSORIES



01494 484694

contact.us@lpme.co.uk



Collection from home / work by arrangement



Gordon the Birdman

It appears that 're-wilding' is the buzzword in conservation circles these days, but what does re-wilding entail? Traditionally in Britain, our nature reserves are areas of land usually between one and one thousand acres either bought by, or gifted to an organisation such as the wildlife trusts or RSPB, where it is managed for specific species of flora or fauna. Re-wilding, on the other hand, entails very large areas of land being allowed to regenerate naturally with minimum human interference. This may include reintroducing apex predators in areas where they were once present, sometimes hundreds of years ago. There are a few European countries turning this concept into reality, but although they have a similar population to ours, they also have a land mass four or five times larger, with areas of land between 350,000 and 600,000 acres being considered. Romania has such a land mass and is extending an already vast area of old growth forest - with existing populations of wolves, lynx and bears - by one million acres. This is mostly degraded farmland and clear felled forest, a legacy of the soviet era. This will allow the predators to expand, controlling the number of herbivores, thus allowing young trees and undergrowth to regenerate and create a balance of nature.

So what of our overpopulated island where we are already in the bottom 8% of countries in the world regarding biodiversity? The average farm is around 250 acres, so the re-wilding programme at Knepp in West Sussex at 3,500 acres seems a large area of land. Nevertheless, it is far too small to re-introduce an apex predator. That is not to say it is not worth a visit, with possible sightings of six species of deer, if lucky, otters and if very lucky, beavers. Also white storks, cranes, white tailed eagles, honey buzzards, nightjars and turtle doves - so it has much to offer. Even Allerdale, near Inverness is still too small at 12,500 acres for an apex predator unless it were fenced. Given Scotland's right to roam laws, that would bring its own set of problems.

This approach has been achieved in South Africa, where the world renowned Shamwari Reserve at 600,000 acres is fenced - at vast expense. Over 30 years ago the owners of the degraded, unproductive farm and surrounding area encouraged a full range of Africa's herbivores onto the land and reintroduced others over a number of years. It was then fenced, and lions, leopards, hyena, etc, were introduced to create a balance of nature. It is now a wonderful place to visit with over 300 species of birds recorded. It is a natural showcase of what can be achieved given the space, will and finance.

Gordon.

Naphill Neighbours

At our March Meeting we had a visit from Clive Peacock, a local magician, to entertain us at Naphill Village Hall. There were 38 members and 1 guest present.

This was something different and the feedback I have received was brilliant. Clive was not only a magician but was amusing as well, recreating old tricks from David Niven, Tommy Cooper and Paul Daniels. Fortunately, no one was sawn in half!



Although we watched Clive closely, with his sleeves well pushed up his arms, we could not make out many of the tricks. A couple of members thought they knew how a trick or two was done, although they could not be absolutely sure.

Clive also had a performing flea in a matchbox, which held us mesmerised with disbelief.

We meet again at 2pm on Monday 14th April for our next meeting and we have Easter Bingo. All the prizes are Easter Eggs! We are always happy to greet new members and guests.

Happy Easter

Jo Keattch

Chair

Naphill & Walter's Ash Brownies

Great news! Our recent Jumble Sale raised £1200. HUGE thanks to everybody who came to buy and to all of those who contributed items for the sale!

Ruth Daly

<https://www.girlguiding.org.uk/>





yes you can

with
**Slimming
World**

If you would like to get healthier
call Kerry on 07887 567264

Tuesdays Vibe Church Formerly Pastures Church 209 The Pastures Downley Road HP13 5RR 5.30pm & 7.00pm	Thursdays Hughenden Valley Village Hall (Small Hall) Coombe Lane Hughenden Valley HP14 4NX 5.15pm & 6.45pm
---	---

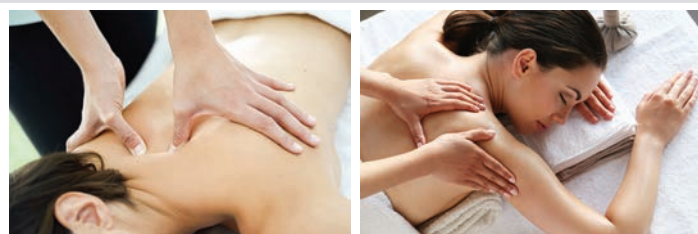
slimmingworld.co.uk *Everyone gets a warm welcome*





Clinic: 2 Oakeshott Avenue
Naphill, High Wycombe
HP14 4QL Bucks

Appointments: 07796343789



Massage with Pamela

In need of a massage?

Sports, or Remedial - for bad back, necks and shoulders.

Deep Tissue, NMT, PNF,

MLD Manual Lymphatic Drainage

or just for Pure relaxation

Treatment Room in Naphill

Call Pamela to book your apt now, 07759 831706

Home visits possible

Pamela Wilson Massage Therapist + Pilates/Yoga Instructor

www.chilternmassagematters.co.uk

Please do read the very complimentary testimonials



The Window Doctor

CARE & REPAIR FOR ALL YOUR UPVC & ALUMINIUM WINDOW & DOOR PROBLEMS

- Replacement of broken down sealed units
- misting up inside glass
- Adjust front & back doors that do not shut
- New handles, hinges and door locks
- Replacement of patio door wheels
- New security handles with keys
- New door panels and cat flaps
- New Georgian style or leaded style sealed units
- All insurance work • Burglary damage • Servicing

PLUS INSTALLATIONS OF NEW UPVC WINDOWS & DOORS



Call us for a FREE Survey and Quotation,
No call out charge

Friendly Family Established Business

Cowling & Co.

Tel: 01865 891776

Mob: 07860 435742

www.windowdoctor.co.uk

email: cowlingandcothewindowdoctor@gmail.com



There's a spring in our step!

Following on from a walk-through Wendover Woods and The Grand Union Canal in March, on 14th April our walking group will be exploring Little Kingshill & Great Missenden. The Group will be following the Chilterns Heritage Trail to Nags Head Lane, through Atkins Wood to the outskirts of Prestwood, then descend (appropriately named) Angling Spring Wood to Great Missenden. From here they will be walking along Church Lane and around Missenden Abbey Park, returning to Little Kingshill via the South Bucks Way. You are welcome to join them - free if this would be your first attendance of our u3a Group.

If fitness is your thing, why not come along to one of our regular 10 Pin Bowling Sessions in the Eden Centre or perhaps if you are in a more leisurely mood consider joining our Croquet Group (subject to places) on offer in Hazlemere Sports Ground. Or, and increasingly popular join our Rummikub Group held in Bon Ami at Naphill Village Hall.

I am delighted to confirm that following a slight decline in numbers after Covid, our membership has climbed back, and we are experiencing the highest number of members and guest coming to our monthly meetings held in Lacey Green and Loosley Row Village Hall (300 Bus stops outside). On Wednesday April 23rd from 2pm our guest speaker (Ramji Abiashi) is talking about Indian Culture -including arranged marriages. Do join us.

On Wednesday May 28th from 2pm a Royal Navy Presentation Team will be introducing 'Our Modern Navy'. Given that state of world affairs this should prove topical and interesting!

We serve refreshments and hold a popular raffle. Please contact gilliamph@aol.com for further details of all our activities.

Paul Gillam

Valley Players

"And now for something completely different...Summer!" Valley Players had a great time presenting "Play Time 25", our two contemporary one-act plays. It was a different production but the audience loved it. These plays give the casts opportunity to practise character acting - there definitely were a few characters. Well played all.

So now we start our rehearsals for the summer's "Picnic and Play". The dates will be 12/13 July and it will be performed in our venue of a local orchard. So bring your picnic and some sunshine.

This year we will be presenting "Twist" by Geoff Bamber. It is an adaptation of Charles Dickens' classic Oliver Twist. It's faithful to the story but it has Valley Players' "twist" on it!

Why another adaptation? There are many adaptations written for stage, screen and TV. The common consensus by authors (and composers), is that it allows an audience to have access to a story from literature they half know or

haven't the time or inclination to tackle the actual book. For example, one of the most well-known adaptations is "Les Miserables" (nicknamed "The Glums"). Victor Hugo's novel is well over a thousand pages. Much nicer to have the story sung to you. Another famous example is "The Mousetrap", the longest running play in the West End. That says it all. We shouldn't forget "Matilda", proving adaptations are just not for adults.

Come along and be entertained by "Twist", even if you haven't read the book!

As always, Valley Players is open to all and we do have characters in "Twist" we need to fill!

Please contact us if you are interested, auditions after Easter.

Andrew Pitman

contact@valleyplayershughenden.co.uk

Shear Madness

Your Local Barber



Mandy Dearden

Appointments only

Tel: gents - 07843 100 574

girls - 01494 563006

Email: s.madness@yahoo.co.uk

Open: Mon-Fri 9.30am - 5pm

Saturday 8.30am-1pm

CLOSED Thursday

245 Main Road, Walter's Ash, HP14 4TH

Mobile Foot Health Practitioner

for all your Chiropody requirements



Fiona Gibbard

M.C.F.H.P. M.A.F.H.P.

"Bringing footcare to your door"

Prompt and courteous attention assured

Tel: 01494 482444

Mob: 07946 821451



Banford Flooring

Your local domestic and
contract floor layer

Kerry Banford

01494 562966 / 07443 451303

email: thebanfords@btinternet.com



**MOBILE REPAIRS
AT A FRACTION
OF BODYSHOP
PRICES**

Ask Revive! to look at your
bodywork today.

Bumper Scuffs • Car Scratches • Alloy Wheel Damage

For a free quotation, contact Byron:

01494 490072

Revivehighwycombe@revive-uk.com

www.revive-uk.com

revive!
setting new standards in mobile car care



Nikki Annable Dip FH MCFHP MSC

**FOR YOUR EVERYDAY
FOOT HEALTH NEEDS IN
YOUR HOME**

General foot health and hygiene
High risk feet
Diabetes
Peripheral arterial disease
Arthritis
Fungal infections
Ingrown toenails
Corns and calluses
Verrucas
Athlete's foot
Dry and cracked heels
Sports injuries
Foot massage
Cut and file nails

**CALL OR EMAIL
TO BOOK AN
APPOINTMENT
TODAY:**



07714 207180



annablen324@gmail.com



Groveswood Foot Clinic

Speen Pilates

**ONES TO ONES ON STUDIO EQUIPMENT
GROUP MAT CLASSES (MAX 5)**

Pilates aims to enhance your posture, strength and flexibility, body tone,
stamina and general fitness whilst releasing unnecessary tension.

For more information and details of group classes
go to www.speenpilates.co.uk

All covid 19 social distancing guidelines and safety measures implemented.

Amanda: 07733 307475



 Cognitive Hypnotherapy
**Are you asleep
at the wheel?**
Alison Scott

So many people drive through life as if they are 'asleep at the wheel'. Negative behaviour can easily become habitual, and we find ourselves making the same wrong decisions over again and reacting in ways we don't understand and aren't helpful.

These are 'knee-jerk' reactions, and they can, if left unchecked, lead us to some very unhappy places - in our jobs, relationships and with our opinion of ourselves.

We can view these as trances and they are often central to many people's problems - moments when we are triggered into anger, sadness or anxiety and we feel like we are not in control - like mindlessly eating an extra slice of cake we don't want or losing our rag over something insignificant.

So, conversely, hypnotherapy can help 'de-hypnotise' people so they have a more conscious choice in how they behave in any situation.

The Power of Language

One of the major developments in modern hypnotherapy has been about discovering the power of language and the benefits of Neuro Linguistic Programming (NLP).

Using NLP learnings, I was taught how to create an amazing 'wordweave' - a special recording which includes important suggestive messages that the client needs to hear. I do not use set scripts as was often the case with traditional hypnotherapy. After all, one person's reason to overeat or get in a rage is not the same as another's, so a bespoke approach is always vital.

The wordweave incorporates the practice of hypnotic language and uses the client's own view of the world and language patterns. These recordings are used between sessions to create major changes in the subconscious mind of the client. It is possibly one of the most powerful resources I use with clients and the regular use of these recordings reinforces positive changes, so they become permanent.

The Mind / Body Connection

Fortunately, the power of the mind to heal the body has now become widely accepted in medical circles.

It also follows that the negative power of the mind can and does cause illness. So hypnotherapy can also be used as preventative medicine or to alleviate any medical issues that have already arisen in a client and it can help promote the natural healing potential of the body.

Here are some of the ways hypnotherapy can help you 'wake up' and get back in the driving seat:

- Supply your mind with empowering beliefs that will change the way you experience the world.
- Learn how you interact with your environment and how language affects your behaviour.
- Discover the links between your thoughts, the way you feel, and your physical body.
- Uncover and gain more control over your unconscious mind which can drive you towards what you want - or more importantly, away from what you don't want.
- Identify and change any belief systems that may be holding you back from reaching your full potential.
- Uncover childhood experiences that have led to negative behaviours in later life and reframe these into more positive learnings.

Client Testimonial

"I contacted Alison to get help for some long-standing and deep-rooted problems. I found her very professional and thorough and her genuine desire to help came across in her approach and therapy. I'm grateful for all her help. It's given me hope and direction to move forward. I found all her suggestions so useful and I especially loved the wordweave she made for me. Working with her has been a great and life-changing experience!" introductory call.

COGNITIVE HYPNOTHERAPY



Do you feel that you are not living your best life, no matter how hard you try?
I practice hypnotherapy, reiki, and therapeutic coaching in Naphill as well as online.

*Hypnotherapy can help with such a wide range of issues.
Our unconscious mind is often in charge of how we think.
We don't know why we repeat the same negative patterns.
Making the unconscious conscious can bring about powerful
changes in the way we perceive ourselves and others.*

"LIFE-CHANGING!"

What does hypnotherapy help with?

Most clients come to me for help with the following:

- Stress and anxiety
- Low mood
- Lack of confidence
- Big life changes (pregnancy, relationship breakdown and grief)
- Young people struggling with exams, school or relationships
- OCD and neuro-diversity
- Health and pain issues

When changes take place at this deeper level, the challenges of daily life can be alleviated, leading to a healthier outlook, positive habits, and increased confidence.

Alison Scott



About me: I have a Diploma and Master Practitioner qualification in QCH Therapy combining CBT, Gestalt Therapy, Positive Psychology, Evolutionary Psychology, Parts Therapy, NLP and EFT. I gained my Master Reiki qualification Second Degree in 2018.

Contact me for a free initial consultation:

07989 535527

ali@alisonscotthypnotherapy.co.uk

www.alisonscottcognitivehypnotherapy.co.uk



With over 20 years experience, Hunter Homes are a professional building company who can work with you from your initial ideas, through to completion. We offer all building services including, total refurb, kitchens, bathrooms, extensions and hard landscaping as well as full project management. A local, family business who offer a professional and high quality service.



Before



After

Contact details:

☎ 07708 800 237

@ Hunterhomes@live.co.uk

f @hunterhomes bucks

Yoga For Healthy Lower Backs

A specialised 12-week Course

An evidence-based mind body approach to improving lower back function and reducing pain

- Reduce/ eliminate lower back pain
- Improve flexibility and strength
- Suitable for beginners



"Great course and amazing teacher. After 7 years of neck, shoulder and back pain, I now have weeks of no pain and am improving all the time" Sarah

📍 Courses in Lacey Green

For more information and to sign up, contact

📞 07711 588214

✉ hello@clairepageyoga.com

🌐 www.clairepageyoga.com

VILLAGE ENVIRONMENTAL SERVICES

DOMESTIC DRAIN SERVICES

Proprietor: Dennis Cook
Est. 1979

BLOCKED DRAINS?

FAMILY RUN BUSINESS SINCE 1979

BLOCKED DRAINS CLEARED

REASONABLE RATES

CCTV DRAIN SURVEYS

NO EXTRA CHARGE FOR EVENING, WEEKEND OR BANK HOLIDAY CALLOUTS

FULL PUBLIC LIABILITY INSURANCE

CALL US DAY OR NIGHT

24/7
CALLOUT
SERVICE



07850 635 844 01296 624 221 (MESSAGES)



On the Farm

The days are getting longer; we have had snowdrops and the odd daffodil has made an appearance. Spring is around the corner, and we are heading out of winter. The grass is starting to grow again, we were able to roll two new grass leys in February that were planted last autumn. We have to do this before the grass gets too long. This is to push the flints in to the ground so we don't hit them with our mower when we make silage.

The grass grew well into December, but the ground is very wet. Anyone walking the paths around and about may well have noticed that we have had sheep in, they are just visiting for a month or so. Thank you to everyone that has called or messaged when they have spotted issues with the visitors, there always seems to be something up! They are here to eat all the old grass ready for the new spring growth.

We recently won the Thame Farming Club's grass silage competition, this is silage made last year. We went on to the next round against five other farming clubs and came second which was a shame as it would have been a result to have the best silage in Oxfordshire!

The Agricultural and Business Inheritance tax changes announced in the Autumn are still casting a dark shadow over the farming industry.

There will be farmers in a very dark place because of what is currently being played out in Westminster. The future of an inevitable tax bill hanging over a business is like an unexploded bomb in the front yard waiting to go off when the one that holds the deeds dies. Family farms are often multigenerational. It would not be unusual for there to be 3 generations working together; an older generation with two younger generations doing the farming, making a living, growing food.

Farmers have been trying to make their presence felt with various rallies, several in London - the last one involved 1400 tractors in Whitehall. Charlotte represented the farm, she was amazed at the public support on the day. See the photo taken in Whitehall. You may not have seen this, especially if you get your news from the BBC, there was almost no coverage! So far, very dignified affairs, but emotions are running high. Farmers do not believe the government figures.

For example, I have a dairy farmer friend in Cornwall whose father still owns the farm, which is not unusual, he is 95. He farms with his 60 year old sons and their sons. If he dies after April 2026, when the new rules kick in, the inheritance tax bill will be too much to pay from profits, even when split over 10 years. They will

then have to sell business assets. You could sell the cows but then you have nothing to milk; you could sell the land but then you don't have enough to run the business; either way the business will not survive in its current form. The older generation would have spent their whole life building the business. The farm is everything to them; their home, their business, their life. I sincerely hope his father resists the strong temptation to not still be here after next April; it is a very real and appalling situation to be in.

Who will buy the land? Most farmers cannot afford it. It will still appeal to wealthy non-farmers as they can avoid 20% inheritance tax. The likelihood is less land will be farmed by established businesses that are the main producers of food. This could certainly dramatically reduce our ability to produce the food we currently do at Stocken Farm. We will only know the true consequences as they unfold. Let's hope other countries don't all rewild their land and can keep producing enough food to sell to us in the UK, to feed our approaching 70 million population.

The NFU, together with other farmer organisations, recently had a meeting with Treasury ministers to discuss all the complications this policy will bring. They had suggestions on how the IHT proposals could be restructured to still raise the tax they required, and not seriously effect so many food producing businesses. They were basically told to go away. Disappointing.

On a brighter note we did an early spring bird survey in mid-February, 43 species were recorded. The stars of the survey were: a large flock of chaffinch in our winter bird feed patch, some brambling, a stonechat and two common snipe.

Richard Weet - Stocken Farm



A. ELLIS

Tree Surgery

Fully Qualified Tree Surgeons



We undertake all aspects of
hedge trimming and
tree surgery

For a free, no obligation
quote please contact us

T: 01494 817234 M: 07709 491589

E: info@aellistrees.com

www.aellistrees.com

For fencing enquiries call Mike on:

T: 01494 868466

01296 706260

**SOLAR PV
DESIGN
&
INSTALL**

Sunshine
Energy Solutions



Join the green revolution and harness
the unlimited power of the sun



www.sunshineenergysolutions.co.uk
info@sunshineenergysolutions.co.uk

SPICER

PLASTERING SERVICES

Your Naphill Resident Plasterer

All types of plastering undertaken
including

- Artex ceilings re-plastered to a smooth finish
- Rooms re-skimmed

Over 40 years
experience

Fully insured

contact

Ian Spicer 01494 562958

or 07973 553960

e-mail i.spicer288@btinternet.com



SUTTONS PROPERTY MAINTENANCE

07754948743 | 01494638953

suttonsproperty@aol.com

All General Maintenance Work Carried Out

Wall & Floor Tiling

Painting & Decorating - Internal & External

Plumbing

Minor Roof Repairs

Patio Specialists including Porcelain Patios

All Types of Fencing

Blocked Drains

Gutters Replaced/Cleared

Decking

Call Trevor for a free, no obligation quote

NAPHILL TENNIS CLUB

Our members thoroughly enjoy playing tennis all year round. In addition to regular daytime sessions, Thursday evening play under floodlights is also proving popular for a bit of exercise after work. New members always welcome. Our new season's coaching programme, with something for everyone, is as follows:

JUNIOR COACHING – SUMMER TERM 2025

Friday 25th April – Friday 4th July

Age Group: 5 – 8 yrs 4 – 4.45 pm

10 weeks £65 per junior member

Age Group: 8 – 11 yrs (beginners) 4.45 – 5.30 pm

10 weeks £65 per junior member

Age Group: 11 yrs – 17 yrs (improvers and above)

5.30 – 7 pm 10 weeks £110 per junior member

NB. All payments should be received prior to attending the first session, payable to M. Burn. Non-members welcome. Please contact Mel 07949 128195 for non-member fees.

Easter Camps – Junior Camps – details nearer the time

Summer Camps – Junior Camps – details nearer the time

ADULT GROUP SESSIONS

DAYTIME COURSES

Commencing Monday 28th April

Monday 9.15 – 10.15 am (adult beginners)

Monday 10.15 – 11.15 am (adult improvers)

£10 per session/per person. Pay and Play.

EVENING COURSES

Commencing Monday 28th April 6 week course

Monday evenings 6 pm – 7 pm (adult coaching)

For more details please contact Mel 07949128195.

£10 per person/per session

Commencing Wednesday 30th April - 6 week course

Wednesday evenings 7.30 – 8.30 pm - (adult coaching incorporating doubles tactics and positioning)

For more details please contact Mel.

£10 per person/per session

For more information on Naphill Tennis Club, please visit our website: www.clubspark.lta.org.uk/NaphillLTC or contact our Membership Secretary at: naphilltennismembership@gmail.com

Jenny Tench



Our opening hours

Monday - Friday 10am - 4pm

(Kitchen closes 2.30pm)

Saturday 10am - 2pm

(Kitchen closes 1.30pm)

We are closed on Sundays and Bank Holidays

The sun is shining at last and it feels like spring has finally arrived. Easter is late this year but we will be starting to serve Easter goodies this month including mini egg cookies, Simnel cake and hot cross buns with honey spiced butter if it takes your fancy.

During Easter time why not come and decorate your own Easter treat, fun for all generations. Read your little ones Easter stories and colour in some Easter pictures or have a go at our Easter quiz, adult and children's version available. (A small charge for activities).

Ruth and Dorothy



Move freely, feel better, live fully.

Specialist Manual Therapy

Helping you feel better in your body and improving your sense of wellbeing.

Led by experienced therapist Clare Goddard, our treatments are designed to address your unique needs with care and expertise.

Myofascial Therapy | Scar Therapy | Restorative Massage

Take the first step to feeling better today.

Visit therosebineclinic.co.uk to book an appointment or call 07748 050608 to talk.



Decoration Specialists
***Professional *Competent *Experienced**
Established since 1973
07785 225 675
01494 257 482
www.paint-ability.co.uk

S.K. Rouse Brickwork

**Extensions, Flintwork, Patios, Fireplaces,
Walls, Block Paving, All Trades Supplied.**

92 Chorley Road
West Wycombe Village
High Wycombe
Bucks HP14 3AR

01494 448201
07798 846793
steve@skrouse.co.uk

**DELUXE ROOFING
CONTRACTORS
& SUPPLIERS LTD**



**THE NATIONAL FEDERATION OF
ROOFING CONTRACTORS LTD**

John Mulry Mobile: 07860 845343

***NEW ROOFS *RE-TILING *SLATING *FLAT ROOFS**

***SARNAFIL & SINGLE PLY *LEAD ROOFS**

**APPROVED CONTRACTORS
FREE ESTIMATES**

Binders Industrial Estate, Cryers Hill, High Wycombe, HP15 6LJ
Phone 01494 716184 Fax 01494 717384
Email johnmulry@deluxeroofing.co.uk



DRAINS & DOWNPIPES

**ALL ASPECTS OF DRAINAGE &
GUTTERING COVERED**

UNBLOCK – INSTALL – MAINTAIN

- Blocked drains, toilets and sinks cleared with fixed prices
 - High pressure jetting
 - CCTV drain surveys
- All drain & gutter repairs & maintenance covered
 - Residential & Commercial
 - Fully Insured
- Free quotes, no call out fees
- Friendly, local & reliable



Contact Glenn on:

Tel: 01494 482465

Mob: 07535 644363 / 07950 403094

Email: info@drainsanddownpipes.co.uk

Web: www.drainsanddownpipes.co.uk



Architectural Design

Interior Design

Planning Applications

Building Regulations

hello@retsofdesign.com 07985 478563 www.retsofdesign.com



Clean and Tidy Decorators

All aspects of the trade internal and external protection, preparation, painting and paper hanging
Locally based, professional, friendly and reliable
With over 30 years experience



'Quality work without cutting corners'

Call Steve: **07932749510** alternatively
email: cleanandtidydecorators@gmail.com

Wycombe District Neighbourhood



Watch Association

Committee Member

We are the local association of the national Neighbourhood Watch movement. Our association operates centred on High Wycombe, but encompassing Marlow, Stokenchurch, Naphill, and Wooburn Green.

Our role is to encourage local people to work together to create safe, attractive, friendly places to live, places where crime is less likely to happen and people are less likely to turn to antisocial behaviour.

We operate through a number of Co-ordinators who each cover area of, say, 15 – 20 houses, aiding their members on all matters covering the reduction of crimes. In the case of Wycombe District Neighbourhood Watch Association, we have some 650 Co-ordinators representing over 10,000 members.

To run this operation, we have a committee of seven active members, but we are looking for some younger members to expand and enhance the Neighbourhood Watch coverage.

The role would include:

- -Expand and enhance the coverage of Neighbourhood Watch.
- -Manning our stands at appropriate local events.
- -Supporting our speakers at seminars.
- -Assisting the police on local issues.
- -Contributing to our publicity.

We are looking for people who wish to help their neighbours, particularly vulnerable ones, reduce the incidence of crime in their areas.

Interested parties should contact us via :

office@wdnhwatch.plus.com



Be Extraordinary ...

become a local councillor

Would you like to

- **Make a difference to local people's lives?**
- **Give something back to your community?**
- **Help shape change for the benefit of your area?**

Ordinary people doing amazing things

Local elections take place on **1 May 2025** – you could be a candidate

The last date for nominations is 4pm on **2 April 2025**

Uncontested nominations notified on **11 April 2025**

Nominations are published by 4pm on **6th April 2025**

To learn more contact:

01494 - 715296
clerk@hughenden-pc.gov.uk



Hughenden Parish Council News

Hughenden Parish Council - Unfortunately, the new chief officer who was in her probationary period was released from her contract. At the original interviews there was a second applicant who also fitted the bill so is now being considered.

Progress is being made on assessing and planning the work on all our open spaces.

Stan Jones

Chairman Hughenden Parish Council.



N.B HPC Meeting dates, agendas, minutes and contact details can be found on:

www.hughenden-pc.gov.uk



Hughenden Street Association Social Events

The next Street Association lunch for the Naphill & Walter's Ash Ward of Hughenden Parish will be on Wednesday 16th April at the Spindle and Thread near Morrison's in High Wycombe. We usually start arriving from midday onwards, which gives everyone time to buy a drink, order their food, and then get seated. A popular choice is the carvery, which means you can choose your food quantities and select which potato and veg you prefer. Please contact Susan if you want to join us for the lunch, so we can gauge numbers.

The Social Afternoon is on Monday 28th April between 2pm and 4pm in the back room of Bon Ami, where we have a choice of table games, or if you prefer, you can just relax and enjoy a chat with others over a cuppa on one of the comfy sofas.

Why not come along and make new friends?

Please contact Susan for more details, or to book a lunch place.

Susan Bickerstaffe - 07880 519323

MOBILE TYRE FITTING WE COME TO YOU!

- Car, Van & High Performance Tyres
- Specialist Wheel Alignment Service
- Truck & Plant Tyre Specialist
- Trade/Accounts Welcome
- Wheel Balancing
- 4 x 4 Tyres

**Stockists Of All Leading
Makes Of Tyres**



AAAAAA TYRETEAM MOBILE



T: 01494 565920



**Stump Grinding
On-Site Log Splitting
Garden Clearances**

Call or WhatsApp: 07427410011

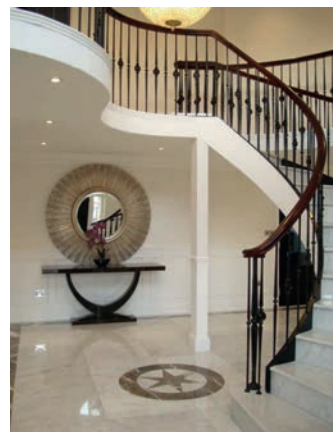
Email: info@stumpd.net

www.stumpd.net

**Kieran Geggus
Based in Naphill**

FIND US:    **Yell**

BUILDING PLANS & PERMISSIONS



ZACHARY DESIGN

07711043244 • zacharydesign@btconnect.com

CHARTERED DESIGNERS • LITTLE MOSELEY HOUSE • NAPHILL • HP14 4RE

As I write, I have encountered all sorts of reminders in the media – was it really 5 years ago that we went into lockdown? I remember it well – the Prime Minister had already told us all to avoid travel if possible. Both my daughters were living in London at the time. We decided that we would meet for Mother's Day on March 22nd as, in the words of Charlotte, my eldest daughter, 'Who knows where this Covid thing is going and when we will be able to be together again'. So, like many other families at that time, we carefully weighed the options and had our one, last special day together. Younger daughter Kim asked if she could stay on for a few days as she was getting her head around the whole working from home thing which was difficult for her since she was then living in a shared household. The next day 'BOOM!' We were in full lockdown. Kim was going nowhere. No travel, shops closed, social distancing; 12 weeks of lockdown 'they' said for the epidemic to pass. Yeah! Like that went to plan!

We all have our own memories and stories to tell about that day on which our world changed for ever and how we coped with the changes. Many are tragic, others quite mundane, some are funny. Kim was staying for a 'few days' with just enough clothing for a 'few days'. She is a grand master of the 'capsule wardrobe' so only had one small rucksack of clothing with her. She ended up staying for 4 months!

Since then, we have experienced many other world changing events. War in Europe, terrorist attacks in the Middle East, dangerous changes in governments abroad,

changes to our weather patterns and cyber attacks to name but a few. The list is a long one, some changes affecting whole continents whilst others affect relatively small areas. In our modern world, we are dependent on the ties we have with other countries and cultures, so even the smallest local change can have a domino effect that far surpasses its initial impact.

On 20th April, we will celebrate Easter Day. This day forms the foundation on which the Christian faith is built; it is the celebration of the day some 2000 years ago on which the world changed for ever. Starting with the life and teachings of Jesus, the domino effect of the movement he founded has touched every corner of our world. Christians and many others believe that Jesus was the Son of God and Easter Day demonstrates the ultimate proof that Jesus was indeed the Son of God. After suffering a cruel and humiliating death and being in a tomb for three days, God's power was so strong within him that he returned to life; what Christians call the Resurrection and what we celebrate on Easter Day.

At its heart, Jesus' message was about compassion, kindness, justice, welcome and forgiveness. No matter what events rock our world and shake its order, the heart of Jesus' message will always be a firm foundation from which we can face the changes that may come.

May you truly know the message of Easter this year and always.

Rev Jenny

RAF High Wycombe Celebrating half a century of Freedom!



RAF High Wycombe became the proud recipient of the Freedom of High Wycombe back in 1971. Fifty-four years later the event was commemorated in a civic ceremony held on 3 Site.

The Lord Lieutenant of Buckinghamshire, Countess Howe and local dignitaries including the former mayor of High Wycombe were met by Station Warrant Officer Mrs Ward and Station Commander Wing Commander Dennis who gave a short introduction prior to the ceremony.

At the station church our honoured guests were greeted by OC SSS Squadron Leader Armstrong and Station Padre Reverend Chapman. OC BSS Squadron Leader Gilmore marched the Scroll into the church. Following a lovely service conducted by the Padre, everyone made their way to the Heritage Room for light refreshments and relaxing, informal conversations. An informative speech on the history of RAF High Wycombe by RAF Historian Mr Brown rounded off the commemoration.

Laurence Parker, MCO.

Canine Cutz

Bespoke Dog Groomers & Spa



Long Established, Professional, Friendly, Knowledgeable

★ Award Winning Dog Groomers ★

Welcoming and Professionally Equipped Salon

Premium, Natural and High-End Products

Full/Bespoke Grooms, Styling, Bathing

Puppy Grooms, Puppy College

Spa Treatments and Ultrasonic Teeth Cleaning

01494 44 33 49

www.canine-cutz.com

info@canine-cutz.com

High Street, Downley, HP13 5XJ



Dog walking & Pet Care

- Regular or adhoc dog walking
- Solo or group dog walks
- Pop in pet care

“ I can't say enough good things about Charlie and her business Ruby&me! If you're in need of a reliable, caring, and downright amazing dog walker, look no further. ”

Client, dog owner

Get in touch:

e: charlie@Rubyandme.uk.com

m: 07780600977



www.Rubyandme.uk.com

LOCAL WINDOW CLEANER Friendly professional service & Fully insured. Cleaning windows the traditional way. Also available, Solar Panels, Conservatory Roofs, Gutters, Fascia & Cladding Cleaning. Supported by The Princes Trust. Call Mathew 07979150155 Email. powell.cleaning@hotmail.com

HIGHCLERE IRONING Your local professional ironing service, using state of the art professional grade equipment. Free local collection and delivery within Naphill and surrounding areas. I provide a 24 or 48 hour turnaround. Contact Liz on 07890 056696

Christina Bohane Fitness helps busy people to achieve lifestyle change: HEALTHY-STRONG-LEAN using Finnish SISU methods PHYSICAL-NUTRITION-MENTAL live online coaching programs for 1:1 & small groups. Contact: www.christinabohane.com, info@christinabohane.com

NEED HELP IN CUTTING YOUR HEDGES AND GRASS.....call Dave on 07971324817.
This is not a business, it is just to help elderly or disabled folk keep their garden under control.

TK PLUMBING & ELECTRICS. For all your plumbing and electrical needs. City & Guilds qualified. No job too small. All work guaranteed. References can be supplied. Call Tom on 01494 580518 or 07716 440916.

THE ROOFING PARTNERSHIP Provides a modern, professional and friendly service. Call William White for your Roofing requirements, free estimates and advice! TEL 01494 355187 MOB 07832 146427 EMAIL: william@theroofingpartnership.co.uk

CRICKSIDE - YOUR LOCAL DECORATOR. For all your painting and decorating requirements. Reliable, tidy and trustworthy. For a quality finish and efficient service, please call 07547 445268 or email contact@crickside.co.uk



ANNOUNCEMENTS

Summer Evening sessions start again
on Thursday 3rd April 5.15pm

Currently taking new members
for day time sessions:
Mondays 1.30pm
Thursdays 9.15am

Coaching is tailored to the individual
and all levels are welcome!

FOR MORE INFORMATION CONTACT
HELEN HINDE ON
helen.hinde27@gmail.com or 07772 150276

Introducing Hughenden Ladies Running Group

Hello! I would like to introduce myself. I'm Helen Hinde, a Sports Coach with 15 years' coaching experience and top level UK Athletics coaching qualifications. 13 years ago I set up Hughenden Ladies Running Group as a way to get more women of all ages and abilities to get out running. In that time the group has evolved to be what it is today – over 50 members who form an inclusive, welcoming and sociable group who enjoy running together, making friends and challenging themselves at all levels. Whether it is literally to run with friends, do speed or hill reps, complete a local Park Run or, at the other extreme, to compete in half marathons, marathons and ultras, with my coaching skills I can accommodate all. You will often see us in the local area running on trails and in local parks – we move around for variety and often frequent the local coffee shops too, whether it be Bon Ami or Kingshill Kitchen!

For more information please see my ad and contact me on helen.hinde27@gmail. com07772 150276.

Helen Hinde



EASTER EGGSTRAVAGANZA

St John's School Hall 10am – 12pm
£8 for 1 child £12 for 2 – (over 1 year) £14 for 3 in same family
Over 11 years welcome as helpers
Parents free.

A great variety of craft tables for all ages including painting, modelling,
making a miniature garden
Hot Cross buns, tea, coffee and squash provided.

Easter Egg Hunt, Egg'n'Spoon races

Egg themed Science experiments with Dr Lizzy Davis

Tickets in advance to ensure entry into the Easter Egg Hunt from
Jenny Stothard kindergymjenny@gmail.com, 07754 518034
or Canon Tony tony.bundock49@gmail.com
but will also be available on the door

All included except for Easter themed Tombola.

Parish Church of Saint John the Evangelist Lacey Green, Loosley Row & Speen

PASSIONTIDE, HOLY WEEK AND EASTER April 2025

April 6th	PASSION SUNDAY (FIFTH SUNDAY OF LENT)
8.00am	Holy Communion (BCP)
10.00am	Parish Communion with Hymns
3.00pm	Bereavement Service
13th	PALM SUNDAY
10.00am	Parish Communion with Liturgy of the Palms
14th	Monday of Holy Week
7.00pm	Compline with Meditation
15th	Tuesday of Holy Week
9.30am	Holy Communion
7.00pm	Compline with Meditation
16th	Wednesday of Holy Week
7.00pm	Compline with Meditation
17th	MAUNDY THURSDAY
7.00pm	Sung Eucharist of the Last Supper followed by stripping of the altar
18th	GOOD FRIDAY
10.00am	Easter Extravaganza for children (in St. John's School)
11.00am	CTR Service IN PRINCES RISBOROUGH HIGH STREET
2.00pm	The Cross of Christ followed by prayers at the Cross in Church Lane
20th	EASTER DAY
6.00am	Churches Together Sunrise Service ON WHITELEAF HILL
8.00am	Holy Communion (BCP) with lighting of the Paschal Candle
10.00am	Family Communion with renewal of Baptismal vows
4.00pm	Festal Evensong





Chiltern Hills
Arboriculture

All Aspects of Tree Surgery / Hedge Cutting
Commercial Sites / Domestic Gardens Estate

Maintenance / Tree Surveys

Full Public Liability Insurance

07555 831391 / danny@chilternarbor.co.uk

www.chilternarbor.co.uk



Lawn Master®
professional lawn care



Certificate Number 9302
ISO 9001
ISO 14001



ASK FOR A
FREE
LAWN
ANALYSIS

Beautiful
lawns at
affordable
prices!

Your lawn, our
expertise... *perfect!*

The only National Lawn Treatment Company in
the UK to employ qualified Greenkeepers

Call for a **FREE** no obligation quotation

0800 326 5017 www.lawnmaster.co.uk   

Or just text 'lawn' and your postcode to 60777 and we will call you.

SEE RESULTS IN JUST
10 DAYS



Hughenden Community Support Trust

Charity Number 248607



Would you or someone you know like a little financial help in these hard times? Then I would like to introduce you to the HCST, a local charity whose objectives are to help residents in the Parish of Hughenden who may need a little financial help. The charity has been set up to have the following aim:

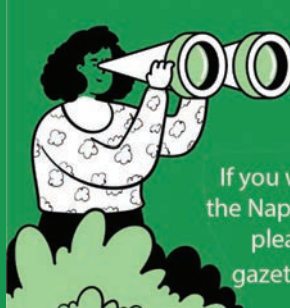
- (1) the relief of persons resident in the Hughenden Parish Council area who are in need, hardship or distress.
- (2) the trustees may relieve persons in need by:
 - (a) making grants of money to them; or
 - (b) providing or paying for goods, services or facilities for them; or
 - (c) making grants of money to other persons or bodies who provide goods, services or facilities to those in need

We are in a position to offer small grants to residents in the area outlined in Pink below, Hughenden Parish, who may need a little help, e.g. those who cannot afford school trips, club subs, special equipment, respite care, etc., particularly, in these difficult times. Grants to be awarded to those in need of financial support who cannot otherwise afford such items.

If you run a local club or are involved with a local school and are aware of any residents who may like our support please do feel free to contact us and you may be able to apply on their behalf.

Application forms for grants can be obtained from the Hon. Secretary by email to lyn.marchant@btinternet.com or to the Hon. Secretary, "Brambles", Grange Road, Widmer End, Buckinghamshire, HP15 6AD





GET YOUR BUSINESS SEEN

If you would like to advertise in
the Naphill & Walter's Ash Gazette
please contact the editor.
gazetteeditor@btinternet.com

THE NAPHILL AND WALTERS ASH GAZETTE 2025 ADVERTISING RATE CARD		PRODUCTION SPECIFICATION
OUR COLOUR FEATURE ADS RUN FROM MARCH – FEBRUARY AND THE COMMITMENT IS FOR THE YEAR.		FREQUENCY: MONTHLY* CIRCULATION: 1020 PRINTED *10 ISSUES A YEAR; COMBINED AUG/SEPT AND DEC/JAN
THESE ARE CHARGED ANNUALLY AS FOLLOWS:		
FULL BACK PAGE - PREMIUM POSITION	POA	PRODUCTION FULL PAGE – PORTRAIT 18.5CM X 28CM HALF PAGE – LANDSCAPE 18.5CM X 13.5CM QUARTER PAGE – PORTRAIT 9CM X 13.5CM EIGHTH PAGE 9CM X 6.5CM
FULL PAGE - INTERNAL	£675	
HALF PAGE	£360	
QUARTER PAGE	£190	
EIGHTH PAGE	£100	
COPY DEADLINES 2025: All adverts/copy to be submitted by the 15th of the month BEFORE the month of issue		ARTWORK FORMAT Print ready PDF JPEG TIFF IN-DESIGN ILLUSTRATOR
FOR MORE INFORMATION, TERMS & CONDITIONS, AND TO DISCUSS AVAILABILITY, PLEASE MESSAGE VIA FACEBOOK OR EMAIL GAZETTEEDITOR@BTINTERNET.COM		



PRM SERVICES
Property & Garden Maintenance

Garden Maintenance

- All general gardening
- Lawn & hedge cutting
- Garden clearance
- Patios
- Fencing
- Decking
- Turfing
- Millboard decking approved installer

Property Maintenance

- General maintenance inside and out
- Internal painting & decorating
- Laminate flooring

“Paul did a lovely job rebuilding our courtyard, very pleased with it and other work he has undertaken for us. Lovely hardworking man and can recommend his work”
- Facebook review

Based in Naphill, High Wycombe, I believe in delivering excellent customer standards by providing a high quality, reliable and personal service. I am fully insured and both private and commercial contracts welcome.

Call or email Paul for a free quote.

07808 056109 / 01494 563784
p.munday@hotmail.co.uk

 Follow us on Facebook (facebook.com/PRMservices)



CHARTERED FINANCIAL PLANNERS



Feel confident and in control

Financial advice for the future you imagine.

We're here to help you feel in control of your money. Not the other way around.

Let's start a conversation.

Nick Barber
BA(Hons) AFPS Certs CII
Managing Director & Chartered Financial Planner

01494 257856
07714 720280
nick.barber@sjpp.co.uk
www.argentwm.co.uk

Senior Partner Practice

St James's Place

Argent Chartered Financial Planners is an Appointed Representative of and represents only St James's Place Wealth Management plc (which is authorised and regulated by the Financial Conduct Authority) for the purpose of advising solely on the group's wealth management products and services, more details of which are set out on the group's website www.sjp.co.uk/products. The 'St James's Place Partnership' and the titles 'Partner' and 'Partner Practice' are marketing terms used to describe St James's Place representatives.

NAPHILL LOCAL MINI MARKET



Post Office

- Newspapers & Magazines (home delivery available)
- Lottery
- Fresh fruit & vegetables
- Freshly baked bread, rolls, sweet pastries & hot savouries available daily
- Frozen food & ice creams
- Organic & Gluten free products

- Refillable Bio D washing up & fabric conditioner
- Stationery & mailing products
- Greeting cards
- Beers, ales, spirits & wines
- Wide range of everyday grocery essentials
- Postal services, free cash withdrawals & cash deposits

19 Main Road, Naphill, High Wycombe HP14 4QD
Tel: Post Office: 01494 562173 Shop: 01494 563125
Email: Naphilllocal@outlook.com



YOUR AWARD WINNING CHILTERN'S ESTATE AGENT



We've won 3 awards at the UK's biggest agency event making EweMove The Best National Estate Agent.

This is a huge achievement for us, as the Estate Agent Masters assesses over 15,000 agents nationwide.



We were judged on our property marketing, customer service and results during a data analysis project and a mystery shopping exercise. EweMove proudly excelled in all areas.

Rachel & Julian Butcher
Branch Directors



Book your **FREE** valuation appointment.
Select a date and time online at:
EweMove.com/Chilterns
or call (24/7): **01494 917 051**

Scan
Me
↓



EweMove respects any existing sole agency agreement already in place with another agent.

ULTIMATE EYE CARE



247 Main Road, Walters Ash // 01494 564600